

Northern Journeys

———— Celebrating 30 years of publication!

A Magazine for the Arts, Humanities & Sciences

Volume No. 29.2

Spring/Summer 2026





*Your destination for American-Crafted
& Ethically Sourced finds*



-GIFTS
 -HOME DECOR
 -SOUVENIRS
 -ORIGINAL ART
 -ACCESSORIES

**JOIN US FOR ARTWALK
ON SECOND FRIDAYS!**



MAGPIE
208-691-1231
 423 E. SHERMAN
Downtown Coeur d'Alene
 MAGPIEIDAHO.COM





Jacklin Arts & Cultural Center

"We share the ARTS & our
Historic Building with the
Community"

- Exhibits
- Concerts
- Classes
- Venue Rentals



208-457-8950 405 N. William St., Post Falls
www.thejacklincenter.org





HUMAN RIGHTS
 EDUCATION INSTITUTE

208-292-2359
www.HREI.org



- Year-round gallery exhibits
- School-break & summer camps
- Family movie nights
- Business trainings & community workshops
- Volunteer & student internship opportunities

Serving Eastern Washington,
 Northern Idaho & Western Montana

Proactive programs promoting
 human rights, acceptance, respect for
 diversity, and cultural humility



CLARK'S FINE JEWELRY




COEUR D'ALENE
 LIVING LOCAL'S
FINEST 2025

Quality & Excellence
 Since 1907



307 E Sherman Ave
 Coeur d'Alene, ID 83814
 208-664-4615



YOU ARE THE SPIRIT

You Drive Arts & Humanities

Your personal investment, through time,
 dollars, and shared resources, are what keep
 the arts & humanities alive and thriving
 in our region. Without you...they disappear.



TABLE OF CONTENTS

- 1
- SUNSET SESH by TAMMY ZINKE
(24" x 36" Acrylic on Canvas)
SUNSET SURF by TAMMY ZINKE
(20" x 40" Acrylic on Canvas)
- 6
- FROM MILAN'S OLYMPIC STAGE TO
COEUR d'ALENE'S CREATIVE HEART
by MARY LEE RYBA
- 6
- Seed of Life by Celeste A. Cooning
- 7
- The Monument to Peace and Unity
by Ai Qiu Hopen
- 9
- WHY WE SHARE OUR WORDS by
LOI EBERLE
- 10
- A LOCAL FAMILY PRODUCTION:
THE STORY BEHIND
"RECOLLECTION" THE MOVIE AND
PARADOX FILMS by
JACKIE BUTERA
- 13
- LOCAL SPOKANE ARTIST:
MELISSA COLE
- 14
- FEATURED LOCAL ARTIST:
TAMMY ZINKE
- 14
- Van Gogh's Sunflowers by
Tammy Zinke
- 15
- Cauliflower by Tammy Zinke
- 15
- Beautiful Chaos by Tammy Zinke
- 17
- FEATURED LOCAL MURAL ARTIST:
GABRIELLE LEWIS
- 18
- LOCAL COEUR d'ALENE POET
LAUREATE: JENNIFER PASSARO



Cheryl Burchell
GOLDSMITH

208-676-1645
1524 NW BLVD
COEUR D'ALENE
YourGoldsmith.com



Settle in,
Escape anywhere..

SHOP Price.

SHOP Selection.

SHOP Local.

SHOP ...



RUNGE
furniture

1319 N. 4th Ave, CDA
208-664-2131 ~ rungefurniture.com



Open Monday - Saturday

(208) 930.4424

1844 N Government Way
Coeur d'Alene, ID 83814

Vanhoffs

Garden Center & Gift Shop



More than just a
GARDEN CENTER

We are a destination to escape the
everyday and discover unique home
décor for creating your own oasis.

www.vanhoffs.com

TAKING THE GUESS WORK OUT OF BUYING AND SELLING

VINCENT REALTY LLC

301 S WASHINGTON ST. SUITE A
NEWPORT, WA. 99156



LEON VINCENT
509-599-7382





211 Cedar St. • 208-263-3024



QUALITY USED & NEW BOOKS
Fast & Friendly
Special Orders
208-267-2622
7195 MAIN STREET
BONNERS FERRY, IDAHO
WE BUY USED BOOKS



THE RUSTY TRUNK

Presented By
Gypsy Girl

Vintage • Antiques • Art • Gifts & More



Follow us on




6127 Main St Bonners Ferry
875 Kootenai Cutoff Rd. Ponderay.

Monday-Saturday
9:00 AM
to
5:30 PM

 **208-691-9456**

FIREHOUSE



Vine & Hops

Specialty wine & Bottle shop
craft Beers
Bonners Ferry, Idaho

Don't Let Go of your Dream to live in North Idaho...
I will help you find your ideal property




Carol Curtis, Associate Broker, GRI, PMN, ePro
(208) 290-5947
ccurtis@sandpoint.com
Century 21 RiverStone



20 *Beautiful Chaos* by Tammy Zinke
20 *Victor* by Tammy Zinke
20 *Ocean Spray* by Tammy Zinke
20 *Quiet* by Don Fisher
21 *Colored Boat Houses* by Don Fisher
21 *Vertical Challenge* by Don Fisher
21 *Untitled Glass Mosaic* by
Melissa Cole
22 LOCAL DIRECTORY
23 EBERLE CONTINUED
24 LOCAL DINING SECTION
27 PASSARO CONTINUED
28 LOCAL POET SUSAN BOTICH
29 LOCAL RENOWNED CLARINETIST:
JAMES SULLIVAN
30 EVENTS CALENDAR
32 RYBA CONTINUED
33 BOTICH CONTINUED
35 INTERNATIONALLY ACCLAIMED
FILM COMPOSER:
RICHARD ALTENBACH
36 TRANSFORMATIVE POWER OF AWE
by **HARVEY ECKHART**
37 RECOLLECTION MOVIE
CONTINUED
39 ECKHART CONTINUED
40 *PESCA DEL AMOUR* by
TAMMY ZINKE (36" x 48" Acrylic on
Canvas)

*We would like to thank Cynthia Newkirk for
all the help provided and making this issue of
Northern Journeys possible.*

Specializing in the art of roofing, we value craftsmanship, workmanship
pride, and quality materials. Serving Sandpoint and surrounding areas.

DM DRYVEST
ROOFING INC.

WWW.DRYVEST.COM 208-758-5221 RCE-53692

- STANDING SEAM METAL ROOFING
- ARCHITECTURAL SHINGLE ROOFING
- LOW-SLOPE COMMERCIAL ROOFING



EVE'S LEAVES
FIRST IN FASHION



*"Proud To
Support The Arts!"*

**326 NORTH FIRST AVE.
SANDPOINT, ID 83864
208-263-0712**



**SANDPOINT
GARAGE DOORS**



QUALITY | LOCAL | SERVICE

208-263-6040 1309 WRIGHT WAY, SANDPOINT, ID

*Do you Treasure It?
Then Frame It!*



Museum-Quality Results,
30 years of expertise—brought right to your door.

Serving Spokane and Coeur d' Alene.
Mobile Design Studio ~ Custom Picture Framing
100% Personal Attention
www.treasureitframeit.com ~ (509) 808-0860



FROM MILAN'S OLYMPIC STAGE TO COEUR d'ALENE'S CREATIVE HEART

By Mary Lee Ryba

In times that feel increasingly loud with division and uncertainty, the Opening Ceremony of the 2026 Winter Olympics in Milan arrived not merely as entertainment, but as a profound artistic statement: creativity remains humanity's most enduring common language. For a few luminous hours, the world gathered not to debate, but to witness – to be reminded that color, music, movement, and story can succeed where differences often dominate. Yet the ceremony's message did not belong only to a distant stadium. Its themes – unity, imagination, and the power of shared cultural experience – resonate just as deeply in communities like ours. From Milan's global stage to the lakefront parks and neighborhoods of Coeur d'Alene, creativity continues to cross borders, soften divisions, and transform uncertainty into possibility.

Spectacle as Cultural Self-Portrait

Since the revival of the modern Olympic Games in 1896, host nations have used Opening Ceremonies as artistic self-portraits. These events are not simply celebrations of sport; they are declarations of identity – carefully composed narratives about history, values, and aspirations.

Italy's contribution carried particular weight. Few countries possess such layered artistic inheritance. Milan, a global capital of fashion, design, and contemporary art, provided an ideal setting for a ceremony that balanced reverence for tradition with bold innovation. The production moved fluidly between classical imagery and contemporary expression, reminding viewers that culture is not static. It evolves, adapts, and responds to the moment.

Communities do the same. Cities, like nations, tell stories about themselves through what they choose to build, preserve, and celebrate.

Primary Colors: The Origins of Expression

At the heart of the ceremony's visual language was a striking use of primary colors – red, blue, and yellow – projected across the stadium in sweeping geometric compositions. These elemental hues, the foundation of all visual art, became a metaphor for shared humanity.

The paint tubes suddenly burst open and began pouring onto the stage – bold reds, luminous yellows, and deep blues flowing freely, no longer contained. One by one, colorful and influential figures from every walk of life stepped forward, each bringing their own hue, their own story, their own energy. As they gathered, something remarkable happened: they formed a living color wheel, each person distinct yet essential, proving that brilliance comes not from sameness but from harmony.



“Seed of Life”, Celeste A. Cooning, CDA Parking Garage at 4th St. and CDA Ave.
Page 6 | Spring/Summer 2026 Northern Journeys

It felt strikingly similar to Coeur d'Alene itself. Like those primary colors, our community is made stronger by the presence of many voices – artists, writers, students, families, business leaders, and culture bearers – each contributing something irreplaceable. Through the work of the Arts Commission, these individual colors are given space to meet, overlap, and transform into something even more vibrant. What emerges is not just art, but a shared community canvas – a reflection of who we are and who we are becoming together.

A Living Dialogue with the Past

Italy's artistic heritage appeared not as nostalgia but as living influence. Projected sketches and sculptural forms evoked the restless curiosity of Leonardo da Vinci, while monumental human figures recalled the expressive power of Michaelangelo.

Dancers moved through these references with contemporary choreography, suggesting that art history is not a closed chapter but an ongoing conversation. Each generation inherits cultural memory and reshapes it.

Coeur d'Alene understands this process well. The city's identity is shaped by layers – indigenous heritage, frontier history, natural landscape, and a growing contemporary arts scene. Public art initiatives, performances, and exhibitions do more than beautify spaces; they interpret who we are and how we arrived here.

Music Without Borders

Music formed the ceremony's emotional architecture. Themes inspired by Giuseppe Verdi conveyed struggle and triumph, while passages reminiscent of Giacomo Puccini introduced intimacy and longing.

When tenor Andrea Bocelli stepped into the light, his voice transformed the vast stadium into something unexpectedly personal. Opera – one of Italy's greatest cultural gifts – became a bridge across time and geography. Music requires no translation. A melody written centuries ago can move listeners who share neither language nor homeland. In that sense, the ceremony demonstrated how art models the empathy that words alone cannot achieve.

Close to home, concerts in the parks, school performances, music conservatory events, and community theatre productions accomplish something similar. They gather people who might otherwise never meet and give them a shared emotional experience – laughter, reflection, wonder.

From Chaos to Harmony

Perhaps the most striking artistic choice lays in the choreography itself. Thousands of performers initially moved in seemingly disordered patterns before gradually resolving into snowflakes, constellations, mountain peaks, and finally their interlocking Olympic rings.

The message was clear; unity does not erase difference. Harmony emerges when diverse elements find alignment. In a world that often feels fragmented, this transformation from chaos to coherence offered a powerful metaphor. Creativity finds order in the midst of chaos.

Local arts initiatives perform the same quiet work. They bring together volunteers, students, professionals, and audiences – people of different ages, backgrounds, and perspectives – and align their efforts toward a common vision.

The Local Canvas: Coeur d'Alene's Arts Leadership

While millions watched from afar, the ceremony's deeper lesson belongs to every community. Creativity is not the exclusive domain of global spectacles. It lives wherever people gather to imagine, perform, build, and share.

In Coeur d'Alene, the Arts Commission serves as a steward of that creative life, ensuring that art remains

visible, accessible, and integrated into public spaces. Through public sculpture, performances, grants, and partnerships, the commission helps weave creativity into the city's daily rhythm. Public art transforms ordinary places into meaningful ones. A sculpture along a walking path becomes a landmark. A mural turns a wall into a story. An outdoor concert transforms an evening into a shared memory. These experiences foster civic pride and belonging – the same goals pursued on the Olympic stage, though expressed through neighborhood parks and downtown streets instead of grand arenas.

Students at the Table: The Future Present

One of the commission's most forward-looking features is the inclusion of student representatives. Their presence ensures that decisions about cultural life include the voices of those who will inherit it. Young leaders bring fresh perspectives shaped by digital culture, global awareness, and evolving ideas about identity and inclusion. They ask new questions, challenge assumptions, and imagine possibilities that older generations might overlook. Their participation also provides mentorship and civic education. Students learn that art is not only personal expression but public service – a way to shape the environment in which people live. Like young performers animating Olympic ceremonies, they embody continuity and hope.

Art as Common Ground

In any community, art creates neutral spaces where people can gather without barriers that often accompany social divisions. A festival invites celebration. A gallery invites contemplation. A performance invites listening. These shared experiences help residents see one another not as strangers but as collaborators in a collective story. The connection between a global ceremony and a local arts program lies in this principle: creativity builds bridges.

A Flame That Continues

As the Olympic cauldron ignited, the stadium fell into reverent quiet. Fire, humanity's oldest symbol of gathering and storytelling, connected ancient rituals to modern celebration. That same symbolic flame burns in classrooms, studios, rehearsal halls, and public meetings wherever creativity is nurtured. Each youth project, each community performance, each public installation keeps that light alive. Grand spectacles capture attention, but local creativity sustains culture. It shapes how people experience place, how they understand one another, and how they imagine the future.

A Community Canvas

In a time when differences often dominate public conversation, the arts offer something quieter and more enduring – a way of seeing one another beyond labels and assumptions. Through shared creative experiences, people from multiple walks of life discover that beneath cultural differences lie similar emotional foundations: hope, longing, courage, and joy. In Coeur d'Alene, this understanding is not abstract. It is lived and nurtured through the steady work of the Arts Commission, whose mission is to enrich the community by supporting and promoting the arts in all their forms. The Coeur d'Alene Arts Commission serves as both steward and catalyst for the city's creative life. Established to advise city leadership and champion cultural initiatives, the commission works quietly behind the scenes while the results appear everywhere – in public sculptures that surprise pedestrians, in grant programs that support local organizations and artists, including projects that expand access for youth and families who might otherwise be unable to participate; in marketing and outreach efforts, including innovative tools such as guided audio tours that help residents engage more deeply with the art that surrounds them. Its role is not only to preserve what exists but to imagine what could be possible when a city

invests in beauty, storytelling, and shared experiences. Ultimately, the Coeur d'Alene Arts Commission is more than an advisory body; it is a gathering place for imagination. Through its programs and leadership, it invites residents not just to observe art, but to take part in shaping the cultural identity of their city. In doing so, it affirms a simple yet powerful idea: that a community, like a work of art, is the strongest when created together. Long after the fireworks fade, what remains is a feeling – the memory of witnessing humanity. From Milan's stadium to Coeur d'Alene's streets, the lesson endures: *"Borders may define nations, but creativity defines humanity."* And in the quiet after the spectacle, what remains is the reminder that while differences may often dominate the world's conversations, creativity still has the power to unite its heart – a truth reflected every day by the Coeur d'Alene Arts Commission, whose programs, student leadership, and public projects keep our community connected, inspired, and shaping the future through art.

Hometown Heart

Across Coeur d'Alene, the work of the Coeur d'Alene Arts Commission reveals itself not as a single achievement but as a living constellation of creativity – **more than one hundred sculptures** standing quietly in conversation with lake, mountain, and sky, **ArtCurrents**, the traveling sculpture collection, rotating through our streets, the beloved **Green Energy Dragon** glowing with its eternal flame along the Centennial Trail, and the vibrant **Tomlinson Sotheby's mural** anchoring downtown with color and story. The inaugural **October Arts & Humanities Month** gathered more than fifty moments of music, poetry, theatre, and reflection, illuminated by **Poet Laureate Jennifer Passaro**, while new **performing arts grants, visual art scholarships**, and the **29th Annual CDA Arts Awards** affirmed that creativity here is both nurtured and celebrated. With its **2026 Guidelines** complete and a new generation of artists already rising, the commission moves forward as both steward and dreamer – ensuring that in Coeur d'Alene, the arts do more than adorn the city; they give it voice, memory, and a horizon of possibility. Please go to <https://cdaid.org> for the City of Coeur d'Alene Arts Commission information.



“The Monument to Peace and Unity”, Ai Qiu Hopen, NW Blvd and Government Way
Spring/Summer 2026 Northern Journeys | Page 7

WHY WE SHARE OUR WORDS

By **Loi Eberle, M.A., CPC**

Motivational speakers encourage us not to feel helpless and vulnerable, reminding us we have choice about what actions we take to live our lives. The next question is about that choice. What exactly do we use to inspire our actions and guide our steps? Where do we turn, and what do we read for suggestions and inspiration? What do we choose to talk about and express? What intention do we have for our interactions and our communication? Who, how, and what impact do we want from our words and deeds?

"Human life is defined by the stories that we hold and tell. Well told stories have a unique capacity to infuse emotion into any situation...the directly emotive power of story led the prominent American philosopher, Richard Rorty to conclude that literature and the stories it contains are a better vehicle for communicating new possibilities and changing the world than the explicative prose that is typical of academic philosophy. Thesis and treatises can describe new ideas, but stories can present them in ways that allow us to not only understand them, but to feel them." Jeff Carreira has written this annotation in his book, "The Mystic as Creative Artist ~ Annotated Reflections on a Remarkable Essay By Evelyn Underhill."

American novelist and editor, Toni Morrison, who was awarded the Nobel Prize in Literature in 1993, wrote: "We speak, we write, we do language. That is how civilizations heal."

The message that it's more helpful to see that it's "not about Me it's about We," is becoming more prevalent in recent periodicals and online communication. Whether we want to acknowledge it or not, we are connected to each other in ways we are still trying to understand. Research is beginning show that "Collective confidence matters more than individual talent ... Leaders must shift their approach to build ... core interventions that successful hospitality leaders use to transform... individuals into unified teams operating from "We Over Me."... When team members genuinely believe their success and their teammates' success are interconnected rather than competitive, collective confidence emerges naturally. But that belief doesn't appear on its own. It develops through specific, intentional practices that create the conditions where "We Over Me" becomes operational reality, not just a nice idea." [Randy Haveson, MA, Worth@Work Founder & President, Hospitality Program Architect, published on Linked-In]

We have the choice to find and connect to a peacefulness within, and BE HERE NOW. We don't have to be different to be okay. When we become more peaceful, we can help re-create that peace with others as well, helping to recognize our interdependence with each other and the Earth. The Earth doesn't need healing; its ecosystems regenerate and create their own self-healing through symbiosis. We just need to stop interfering with its natural systems and seek sustainable ways of living on the planet.

As usual, of course, there are many interpretations about how to do that! Pianist, Daniel Barber, [IAMSOUND.com] explains, "We're working with cultural teachings (e.g. religious teachings that interpret scripture to mean nature is the purview of the devil and is to be resisted at all costs)." ... In very real ways [this] is the psychic sea we swim in. [It] has been intricately encoded in the neural networks in our brains to keep us safe from lions, tigers, bears, buses, and frauds, to say nothing of eternal damnation." He explains "having worked with so many through their own hellscape...[I've learned] that it's vital for one's genuine liberation to incorporate a fusion of mindful presence and creativity...and acknowledge that



your best thinking got you where you are...shed anything that has served out its time with you, incorporate whatever is ready to be thoroughly integrated into your being, and create and nurture whole new realms of possibility."

Ervin Laszlo PhD, twice nominated for the Nobel Peace Prize, founder and president of the Intel Think Tank, urges us to become aware of what Eastern philosophies describe as a deeper evolutionary drive towards a sacred level of existence. It's expressed in systems language as an attractor toward coherence within ourselves and with the world around us, which is introducing a new connection between Artificial Intelligence, Yoga and life. "Unlike traditional software, AI is no longer dependent on programming by human engineers. It learns mostly by continuous observation creating artificial neural networks, branching them and pruning them for more coherent connections...It will reflect the global human mind with all its imagined and imaginative capabilities, and even the mind of Nature in all her diversity. It's goal is to make things more coherent, more understandable." [reported from "The Conscious Revolution, A Transatlantic Dialogue" in Laszlo and Lorimer's "The Great Upshift" (Light on Light Press, 2023)]

Award winning biologist Bruce Lipton, PhD in his August 2025 Newsletter wrote: "The solution to civilization's problems isn't complicated. It's seeking unity, a state that begins with finding inner balance. What we're seeking is to simply feel again. Sometimes thinking our way through every problem can be a distraction from the rhythms of Nature. When we allow ourselves to express feelings, we recognize we're not alone. When we come together, it becomes clear as day that we're part of something larger: Humanity."

According to Robert Kiyosaki [kiyosakiuncensored@mail.beehiiv.com] "Research confirms what Hayek and Friedman knew. A 2025 study examined 200 years of data. The conclusion? Political freedom never survives where government controls the economy. Never... Adam Smith saw this in 1776. Voluntary exchange plus personal liberty equals prosperity. The invisible hand at work. People pursuing self-interest accidentally create wealth for everyone. Not greed. Intelligence."

Continued on Page 23

A LOCAL FAMILY PRODUCTION: THE STORY BEHIND “RECOLLECTION” THE MOVIE

By Jackie Butera

One summer day in 2021, a simple question sparked an idea: If you could erase your most painful memory... would you?

That question grew into *Recollection*, a sci-fi thriller now available on iTunes, Amazon and Fandango. This marks the first feature film from Paradox Studios, a Coeur d'Alene family business unlike any other.

At the center are brothers Caden and Rylan Butera: one a writer/director, the other a composer, both driven by story. Behind them, parents Jackie and Mark provide expertise and balance. She, a mental health therapist, who lends psychological insight to stories and characters. He, a commercial banker, who ensures ambition never outruns resources. Together, they form Paradox Studios, a family-powered creative hub proving cinema can be made right at home.

With *Recollection*, the Butera brothers made their debut as co-writers. They took a provocative concept—memory deletion—and asked what the world might look like if people could selectively erase their memories. In this society, individuals routinely remove not only their most painful experiences but also inconvenient or embarrassing ones. After all, wouldn't life be easier without that baggage?

Using this as the foundation for story and character, they crafted a world on the edge of dystopia. With it, they offered a stark warning about technology's potential to erode the human spirit.

Recollection is a bittersweet story of how one woman, hiding from her past, uncovers a conspiracy and learns that memory-erasing technology isn't what it's cracked up to be. Sometimes in forgetting your pain, you forget yourself—*Recollection* reminds us to remember who you are.

“So many movies about loss are about moving on and learning to let go. As someone who maybe compartmentalizes and moves on too quickly, I wanted to tell a story that encourages you to hold on and remember.” –Caden Butera, Writer/Director

Recollection was filmed entirely in North Idaho and Eastern Washington with a tight-knit, local crew and a casting mix of veteran actors and indie hopefuls. It features Academy Award- and three-time Golden Globe-nominee Eric Roberts (*Runaway Train*, *The Dark Knight*, *The Expendables*), fan favorites Falk Hentschel (*Knight and Day*, *Welcome to Marwen*, *DC Legends of Tomorrow*) and Cesar Garcia (*Breaking Bad*, *Better Call Saul*, *Circle*), and the late Gary Graham (*Robot Jox*, *Alien Nation*, *Star Trek Enterprise*) in his final appearance in a feature film. Balancing action and emotion, *Recollection* takes audiences on a suspenseful journey that explores the human heart and mind... It's 2033, and memory cleansing has taken society by storm. Thanks to Vitality's technology, yesterday's troubles are forever forgotten... or so KATE (Rosslyn Luke) believes until a glitch floods her with memories of a life erased. Now, Vitality wants to make Kate forget again. On the run, Kate joins reclusive



Paradox Films: Mark Butera, Jackie Butera, Caden Butera, Rylan Butera

TEDDY (Falk Hentschel) who believes Vitality killed his wife and that proof is hidden in one of Kate's memories. Kate agrees to help find her missing memory and use it to expose Vitality. After close calls and dead ends, Kate and Teddy meet SID DYAS (Eric Roberts), a sleazy clerk in Vitality's underground who reveals a bigger conspiracy at play. Teddy and Kate are quick to devise a plan that hits straight at the heart of Vitality. As Kate connects pieces of her forgotten life, Teddy makes a shocking decision, forcing Kate to choose between burying her pain again or bravely facing her past... Beyond simply entertaining audiences, the Buteras have two central goals. The first is to spark conversations about the ethics of advancing technology. The second is to invite viewers to reflect on adversity and hold on to the possibility for healing and growth. As a family drawn to deep, emotionally-charged topics themselves, the Buteras hope *Recollection* lingers in the mind long after the credits roll. When asked what exactly inspired their story, Caden and Rylan credit having a mental therapist mother and a sci-fiction loving father. One could say *Recollection* is a love letter to them both.

So how did this therapist and sci-fi nerd, two college sweethearts and psychology majors, end up 30 years later helping their children run a film studio in North Idaho?

They blame their firstborn son.

From the moment he could hold a crayon, Caden gravitated toward art. By 10, he was borrowing his parents' digital camera and wrangling brother Rylan and any other willing "actors" to make short films. Were they good? Not exactly. But each project showed promise and planted the seed for something better.

Caden's interests were always focused and intense. No matter the subject or assignment, he found a way to make it a film project. Suddenly, chlorophyll and the Lusitania became far more interesting once transformed into short documentaries.

As Caden and his ambitions grew, so did the structure to support them. His parents began putting clear systems in place, prioritizing organization and on-set safety. Informal roles quickly solidified. Mark handled props, set construction and on-set logistics. Jackie managed food,

paperwork and production coordination. Producing Caden's films wasn't a hobby anymore; it was simply part of being his parents. Actually, it was part of being a family.

The Buteras are a seemingly average family who enjoy living room karaoke, backyard volleyball and, of course, watching movies together. But in their house, ordinary doesn't last long. New ways to shoot fake blood long distances are invented. Homemade breakaway tables get tested with willing volunteers. Jell-O becomes brains. And an entire cardboard replica of Washington's Garland District springs to life. With the Buteras, chaos and creativity go hand in hand, and somehow, that's just how they like it.

No filmmaker works alone, and no film works without music. For Caden, the right collaborator had been beside him all along. Two years younger, Rylan was always his "music guy." When Caden needed an original song for an early short film, Rylan delivered. As the projects grew more polished and an original score became essential, he delivered again, this time with more sophisticated orchestration and emotional nuance.

Rylan had been playing piano by ear since age three. He started formal lessons at four, but preferred improvisation over sheet music. What excited him most was just sitting at the piano and making things up. Without realizing it, those hours of improv were quietly training him to be a composer. Over time, he honed his instincts, learned what worked and what didn't and figured out how music wanted to move.

In college, Rylan initially pursued pre-med neuroscience, but eventually acknowledged what had always been true: music was not an accessory to his life, it was the center of it. He graduated from Texas Christian University in 2022 with a Bachelor of Arts in Music and a minor in Film Studies. Today, he composes professionally for film, crafting scores that bring stories to life.

Back to that coffee shop in 2021. Caden and Rylan arrived with a clear objective: before Rylan returned for his senior year of college, they would map out a feature-length screenplay.

They knew the broad strokes. It would be a sci-fi thriller anchored by a strong female lead. They also knew they had a rare asset, a close friendship with actor Falk Hentschel, whom they had met at Lilac City Comicon in 2019 while promoting their Moon Knight fan film. Known to many as Hawkman in DC's Arrowverse and for roles in several Hollywood blockbusters, Hentschel brought range, intensity and credibility. If they were going to



take the leap into a feature, they wanted to write a role worthy of him.

By the end of that conversation, the central themes had taken shape: memory deletion, trauma and identity.

The brothers worked on the script for several months, sharing revisions with Hentschel, whose notes were rarely gentle. In the end, his blunt honesty pushed them to dig deeper and shape a stronger script, one ready for the big screen.

With a solid story in hand, the next hurdle was funding. Who would take a chance on two unproven filmmakers, just 21 and 24 years old? Caden had been commissioned to direct a small indie feature the year before, also starring Falk Hentschel, but Recollection was a far larger undertaking. Enter JR Shepard, a retired Priest River business owner and one of the film's largest investors. He was a man known as much for his generosity as for his belief in bold ideas.

With the film officially greenlit, Recollection needed producers. Mark and Jackie stepped into their official roles. Mark took on the executive producing responsibilities, overseeing budgets, financing and legal matters—all while maintaining his full-time position at the bank. Applying his experience as a commercial banker to the film industry came with a learning curve, but some principles proved universal. After all, a budget is a budget.

Jackie took on nearly every producing role, as well as casting, marketing and publicity. In the beginning, she had no idea where to start. Her first official task as producer? Googling "what does a producer do?" The

Continued on Page 37



Recollection: Falk Hentschel (TEDDY) and Eric Roberts (SYD)

Large Format - Custom Prints

Canvas, Acrylic, Metal

PHOTOGRAPHY

208-819-3024

205 Sherman Ave

Coeur d'Alene, ID 83814

WEBSITE

INSTAGRAM

REAL ESTATE

Best Choice REALTY

SUPPLIES

CLASSES

FRAMING

7880 N. FRANKLIN STREET CDA

Open 3 PM - 12 AM

7 Days a Week

La Condesa

Enjoy fresh, high-end cocktails with a *Latin flair*

208.551.2868

lacondesacda.com

117 N 2nd Street | Coeur d'Alene, ID

LOCAL SPOKANE ARTIST: MELISSA COLE

If you find yourself walking or peddling along the Centennial Trail in front of the Advanced Wastewater Plant, you'll find that a new denizen has taken up residence -a true fire-breathing dragon named Sid.

Sid-The Green Energy Dragon came into being after the Coeur d' Alene Art Commission in partnership with The Advanced Wastewater Treatment Plant issued an open call for art. They were seeking a fun, eye-catching and educational sculpture to cover the rather lackluster infrastructure of the biogas flume. This infrastructure is made up of gas and electrical tubing which feed excess methane/biogas, produced as a bi-product of waste treatment to a constantly burning off-gas flume. During the winter the plant uses the biogas to heat the buildings and consequently the flame is much lower, however in summer there is more excess gas and the flame can reach over 12 feet tall and burn at over 1800 degrees.

Spokane artist Melissa Cole was among many artists who submitted her application to the art call/request for qualifications. She was then chosen to be one of five finalists to create proposals. These proposals, including small models and descriptive narratives, were displayed in the Coeur d' Alene Library for a few months in 2025. The community was allowed to weigh in on the designs and Melissa Cole was chosen for the commission. She was inspired to create a dragon sculpture because that is the first thing that came to mind when she thought of the biogas flame. It also happened to be the Chinese Year of the Dragon and let's face it dragons are just eye-catching and cool!

In addition to being fun and entertaining, her goal was also to educate pedestrians wandering by, about the biogas flume. Her design included the chemical process of how anaerobic



Artist Melissa Cole with creation Sid the Energy Dragon

bacteria and other microorganisms feed on the waste and in doing so clean up the water and produce methane/biogas as a bi-product. This process was illustrated through colorful glass mosaic along the entire body of the dragon. At the tail end, the water starts out brown and gradually becomes green in the center of the body and then blue up the neck of the dragon. Colorful mosaic microorganisms such as rotifers, amoebas and worms glide between glass water molecules. Tile methane molecules begin to appear as the mosaic organisms feed on the waste and the murky water becomes blue. These mosaic microorganisms were created by students from the local Kootenai Boys and Girls club in a community workshop taught by Melissa. They were incorporated into the final design.

Designing the dragon sculpture was a challenge because it had to safely encase the biogas flume infrastructure. Melissa collaborated with local artist and welder Brad McDonald of NW Sculpture to accomplish this. A welder by trade, Brad has extensive experience working with steel and knowing what materials are required to maintain the structural integrity of the sculpture. The sculpture required stamped engineering plans and a concrete footing.

The body is made up of two sides, one facing the interior of the plant and the other visible to people passing by along the Centennial trail. The interior side is made up of perforated sculpted metal. This perforated steel has two purposes, it looks like dragon scales and it allows the plant employees to see within the body and perform weekly inspections of the infrastructure. After the body was completed, Melissa painted it brilliant green and purple with exterior tractor enamel and iridescent hot rod auto paint accents. The side of the body facing the trail, is made up of sculpted concrete panels. The majority of color comes from the glass mosaic design and the edges are coated with green concrete stain. Triangular mosaiced spines run down the back of the dragon. The head of the dragon is enormous. It had to have a diameter large enough to go around the



Sid the Dragon Sculpted Steel and Sculpted Concrete Panel with Glass Mosaic with Epoxy Grout 12' x 4.5' x 17'

Continued on Page 16

FEATURED LOCAL ARTIST: TAMMY ZINKE

Hi, I'm Tammy, artist and owner of T Zinke Art Studio and 7b Art Supply in Sandpoint, Idaho. I'm a self-taught acrylic artist with a lifetime of creativity behind me.

I grew up on the coast of Oregon, and that landscape still lives in my work. The ocean, the mountains, the sea creatures, the wildlife. I feel them with all my senses. The rhythm of the waves, the smell of salt in the air, the hush of the forest. Those early experiences shaped how I see the world, and they continue to shape what I paint. Drawing was my first love. In second grade, I was "lit on fire" watching a man draw a little girl riding on the back of a turtle. I remember standing there, completely mesmerized. I knew in that moment that I wanted to draw like that. I wanted to create something that could stop someone in their tracks.

Theater and art were my passions in school. You could usually find me on a small stage acting, building props backstage, or hunched over a giant tablet of newsprint with charcoals in hand, sketching furiously. I drew portraits of friends and anyone willing to pay me ten dollars. Those early commissions felt like a big deal. They showed me that what I loved doing had value.

As an adult, upholstery became my "grown-up" job. In 1990, with three kids in tow, I moved to Sandpoint, Idaho, put everything on credit, and started an upholstery business. I taught myself how to upholster just about anything. My shop was creative and chaotic, and my kids



Tammy Zinke - "Van Gogh's Sunflowers" Acrylic on Canvas 18" x 24"



grew up right in the middle of it.

Creating was always front and center in our family. My children and I began wood carving together. We would sit at the kitchen table wearing Kevlar gloves, carving knives in hand, completely absorbed in the work. I especially loved carving fish and worked my way through tutorial books I found along the way. Eventually, I joined the Spokane Wood Carvers Association and, one year, won Best in Show for a fish carving. That recognition meant a lot to me.

Carving led naturally to pyrography, or wood burning. With quality burning tools and my upholstery background, I began creating leather pillows and bedcovers featuring intricate western and wildlife scenes burned directly into the material. In the late 1990s, I started a small online business called Backwoods Leather. I burned wildlife images into soft deer hide and shipped pieces all over the United States. It was another chapter of learning by doing and trusting my hands.

In 2021, I retired from upholstery and returned to painting daily. I felt rusty at first. Ocean scenes, landscapes, and animals drew me back in, but I had to rebuild my skills. Determination, steady study, and so much encouragement from others kept me going. My canvases grew larger and larger, while my small home studio seemed to shrink. I knew I needed more space. I decided to rent a studio in Ponderay, Idaho, for a year and test the waters. I moved everything in and began selling my work. That support from the community gave me the confidence to keep going.

In 2022, I read about The Festival at Sandpoint Poster Contest and decided to enter. I poured myself into the painting. In March of 2023, I received a call from The Festival office letting me know I had won. My piece,

Harmony in Nature, featured pine trees shaped like the old festival tents, a guitar forming the mountains, and a keyboard stretching into the docks. I never imagined I would win. There are so many talented artists in this community. I simply hoped to be recognized among them. That moment remains one of the most affirming experiences of my life as an artist.

As I worked on multiple paintings at once, I found myself constantly running out of supplies. I would get an idea, stretch a huge canvas, and realize that my tiny tube of Burnt Umber was not going to carry me through. I was driving to big box stores or ordering online and waiting days for what I needed.

One frustrating day, I went home and told my partner, Scott, that our community needed a local art supply store. If I was this frustrated, other artists had to be feeling the same way. He was immediately on board. With a willing partner and a lot of hope, 7b Art Supplies LLC was born.

Within a year, the studio was bursting at the seams. Paintings covered every wall, and I had begun teaching classes. We needed more room for art and more room for supplies. Then we found the perfect quirky rental space in the Riverside Building at 204 East Superior in Sandpoint. It felt right from the beginning. We moved in and hoped to call it home for many years.

Teaching has become one of my greatest joys. I teach acrylic painting to beginners and experienced artists alike. There is something deeply satisfying about watching students express themselves through a completed painting. No matter the subject, each piece is wonderfully different. I am often amazed when someone doesn't recognize the gift they have within



Tammy Zinke - "Cauliflower" Acrylic on Canvas 20" x 30"

them. Sometimes they just need permission and a little guidance to see it.

Teaching has also taught me a great deal about myself. As an artist, I sometimes take the simplest tools and techniques for granted. Explaining them to others sharpens my own skills and deepens my understanding. Reaching for those tools in the classroom strengthens them in my own work.

Today, with a designated classroom space, the studio hosts multiple classes each month, taught by several talented instructors. We currently offer watercolor, acrylic, pastel painting, children's art classes, and more. It has become a creative hub where people gather, experiment, and grow.

Although I don't have as much time to paint as I did in my small home studio, I continue to explore new mediums and ideas. Customers and students inspire me daily.

Recently, I have been experimenting with painting on Oriented Strand Board, or OSB, a lumber product used in home construction. Working with OSB feels like solving a puzzle. I build shapes and dimension from laminated wood chips, arranging and layering pieces into something cohesive. The process can be tedious, but it is also deeply satisfying. I am drawn to the challenge and hope to keep creating these mind-twisting works.

I have no formal training as an artist. What I have is determination. I am always willing to learn what I don't know and to keep improving. Growth has been the constant thread through every stage of my creative life. In the studio, I paint out in the open where customers and students can see what I am working on. I talk about the plan, the next step, and how I intend to accomplish it. Sharing the process keeps me accountable and reminds me that art is not just about the finished piece. It is about showing up, taking risks, and continuing to create.

For me, that is what this journey has always been about.



Tammy Zinke - "Beautiful Chaos" Acrylic Ink on Oriented Strand Board 27.5" x 29.5"

Continued from Page 13

5' barrel shaped flume where the flame comes out. Adding painted color to the head was supremely challenging, as it had to withstand the constant flame and temperatures over 1800 degrees. After almost a year since installation, the once white teeth have a bit of "plaque" on them, but perhaps that is part of the charm!

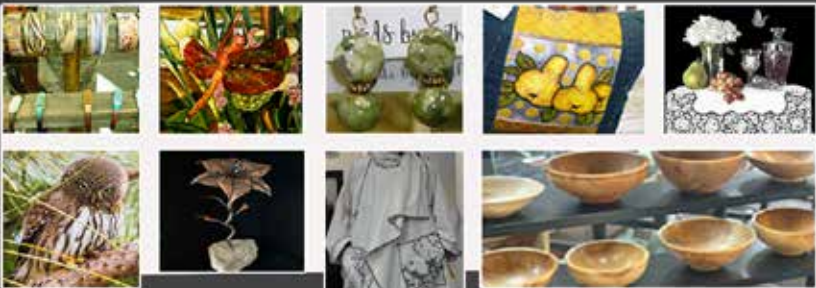
You may be wondering how Sid The Green Energy dragon got his name. Sid is named after Haldo Sidney "Sid" Frederickson IV, who had an award winning career at the AWTF and was dedicated to advancing more efficient and effective wastewater treatment technologies. He was the greatly respected former director of the AWTF before his passing in 2017. The current director Mike Becker and Sid's family wanted to memorialize Sid's memory through The Green Energy Dragon. It was extremely touching that many members of Sid's family attended the dedication ceremony along the Centennial Trail.

So next time you find yourself near the AWTF, slow down and take a closer look at Sid. He's sure to enjoy a little attention and some company.

ARTWORKS
CO-OP GALLERY



a sandpoint
treasure of creativity



Artworks Gallery of Sandpoint has been inspiring us for 30 yrs. Thirty artists grace the space with a myriad of artistic media of high quality. Pricing is designed to include every budget. We look forward to meeting you.

Watch for special events | sales | workshops | & more.

214 N 1st Ave,
Sandpoint, ID
208.263.2642



Summer Hours:
May - Dec:
M - Sa. 10 - 5pm
Su. 11 - 5pm

artworksgallerysandpoint.com

BIZARRE BAZAAR

UPSCALE RESALE SHOP

Take home something fabulous!



Clothing, Crafts,
Shoes, Jewelry,
Holiday, Wedding,
Boutique,
Housewares,
Books...

Jeans are still \$5!

All proceeds returned to the community as
grants and scholarships



114 S. Boyer St. Sandpoint
Monday-Saturday 11am-3pm

COMMUNITY
EVENTS

YOUTH + ADULT
CLASSES

GALLERY
EXHIBITIONS



EMERGE



208-930-1876
EMERGECD.A.COM
119 N 2ND STREET, CDA





TOUR CDA

SADDLE UP



RIDE
SMILE
REPEAT



208.550.3939
PROMO CODE: JOURNEY10 FOR \$10 OFF

BOOK HERE

The Moose North

Now Serving
Breakfast
Daily

 10325 N GOV. WAY
HAYDEN ID 83835

7 DAYS
A WEEK!

7AM-11AM



AMAZING FOOD, FULL BAR, COLD BEER,
AND GREAT TIMES GUARANTEED!



BREAKFAST, LUNCH, & DINNER
WE'VE GOT YOU COVERED

FIND OUR FULL MENU ON GOOGLE & YELP

SEE WHAT WE'RE ABOUT:  

FEATURED LOCAL MURAL ARTIST: GABRIELLE LEWIS

When I set out to paint a mural, my goal is never to simply fill a space, but rather to create a pause. Art has a long history of influencing how we see the world, from recorded history itself to civilizations and empires; the public art of today is no different.

The “Welcome to Coeur d’Alene, Idaho” mural on the side of the Tomlinson Sotheby’s International Realty building began with a textured blank canvas and a simple question that quickly turned into a community effort. Once a forgettable facade, the wall now wears the uniqueness of the surrounding area, from wildflowers and birds to sweeping sunset views over the lake.

The point is to pause. To linger. To snap a photo. To see something new each time you look at it.

My story as an artist started long before I ever picked up a paintbrush. As a child living in Africa with my missionary family, I learned to draw at the kitchen table beside my older brother. Art quickly became an anchor in a changing world — a way to make sense of it and to interpret it. That love carried through advanced art classes, competitions, two Bachelor degrees, and a growing professional career. Murals, funny enough, came into my very intentional art practice almost by accident.

During the pandemic, I submitted a crude colored pencil design for a city call for art in Renton, Washington. It was approved unanimously after years of stalled attempts by other applicants. Standing in front of that first large wall, watching strangers slow down and ask questions, I realized something: public art is not private. It belongs to everyone who encounters it.

After ten years in Bozeman, I returned home to North Idaho and quietly searched for the right wall. When this one appeared, it felt inevitable.

This mural is a welcome sign, yes. “Welcome to Coeur



d’Alene, Idaho” stretches across a sunset view from Mineral Ridge. But it is also a collection of small details, syringa blossoms, scarlet paintbrush, hidden eagles, things you might miss if you move too quickly, both past the mural and in nature itself. I want people to look twice. I want them to notice what is already here.

Art, to me, is about connection. If we don’t pay attention to a place, we lose it. But when we truly see it, we are more likely to protect it.



Children from Emerge and across the community stopped by to help paint this wall. Local businesses carried pieces of it into their shops. Strangers paused to ask what it would become. From beginning to end, this project felt like it belonged to the community.

That is the real meaning of public art to me. Now, as people gather beneath the painted sky to take photos or point out a familiar flower, the wall has become something more than a surface. It has become a mirror — reflecting not just a lake and its wildlife, but the quiet pride of a town recognizing itself in color.



223 E Sherman Ave., Coeur d’Alene

COEUR d’ALENE POET LAUREATE: JENNIFER PASSARO

Jennifer Passaro is a poet, nonfiction writer, and stay-at-home mom. She is the inaugural poet laureate of Coeur d’Alene. Born in Idaho’s Wood River Valley, she has spent much of her life in what Moscow writer Mary Clearman Blew coined the “roughewn circle,” a cultural and geographic centering that encompasses Idaho, western Montana, and Eastern Washington. Jennifer earned her Bachelor of Arts in English from the University of Montana in 2011, with an emphasis in creative writing, particularly poetry and fiction from the western United States and Native American literature and cultural studies.

Her diverse experiences include working on trail crews in the Bob Marshall Wilderness in Montana and out of the Fernan Ranger District on the Idaho Panhandle National Forest. She worked as a reporter for the Coeur d’Alene Press covering Kootenai County. She has contributed to the Sandpoint Reader, the Trestle Creek Review, and Opt West Literary Magazine, among other publications. Most recently, Jennifer has been a writing instructor at Emerge, where she led poetry workshops and performed at events like Lit Crawl CDA.

Jennifer made Coeur d’Alene her home in 2018 and currently lives beneath Canfield Mountain with her husband, two children, and two old dogs.



Bernard

To your room in the city
I bring you a box
of flowers.
Lobelia the color
of a blue dish
on a white counter.

I bring you mint.
I sleep in the row of your bed.

I bring rosemary, twisted
arrows, red acre
cabbage. I eat
the night noises at your window.

You can hear the swallows tuck
into their tawny nests
beneath the train bridge.
The nighthawk jeers.

I bring you calendula.
It’s blossom
a bin of unripe night
just drawn on the horizon.
I bring primroses, sweet
as the butter you heat in the pan.

I bring you tiger’s eye, snapdragon,
amber’s kiss to root
in the prettiest bowl,
in the sill that
edges the air
above the street
where there is no sound of water.

I open your door
feel the small copper handle
like a hand, I balance
a flat of broccoli, velvet
petunias, runty hollyhocks,
goodnight I say, I’ve brought
marigolds.

Above you the lamp’s latticework fringes
its blush. Arrayed as petals,
poised, even after the long drive.
You take the box from my hands.
In your wrist, your tendons,
substantial as stems.

Grouse Creek Cutoff

Green casts the limb line, green
tips the hemlock.
Green runs the switch grass, the leaflet,
green squats in the apical
meristem you wear between
your thumb and forefinger to measure. Green

is an earring the draw slides
over its winter grass. A palate
I’d steal to watch
the larch
whorl their soft needles
up from the cinnamon bark.

Alone at the edge of the field
a fence post shifts
beneath the heavy sun, lime
tallies its moss. Gently
you tug the untended barbwire
where it strays,
bent back to the dirt
a house we keep between us
rust lapping its edges
like moss and you let it
rest, russet.

Imaging

- After Marie Howe’s *The Meadow*

Inside your body
they photographed

swollen bright white clouds of you
pocketed with seedling lymphs.

Scarring courses a dark thread
through you, your hair
was darker in the dark
room of it.

I was in the basement folding laundry
and you came to stand in me

I am writing to you but I am the ghost

Bless your voice calling my name across the yard

Bless your soft hand, your thinness,
the strength of your legs, your purposeful
knees.
Bless the scar
on your right
shin. An almost birth-
mark, bless your olive skin, your soul
living within
your body no more

We walk into the words
that have waited for us
to enter them, so the meadow,
muddy with dreams
gathers itself, trying
with difficulty to remember
how

In the ultrasound room
sound waves the shape
internal
eternal electric
the dining room light dances
the chandelier at the big house falls

and then nothing
no smoke
no prayer moon
no song holding my hand driving up 11th

Remind me the room is within me
and also gone. Remind me you are
within
and also
gone

Everywhere sweet
orbital of you-ness
the radiologist spinning
you in his kaleidoscope
green hillside
loud quiet-walking
loud bed-laughter
red
the spin of mother-love
loud reminder
loud dinner
loud hand hold
loud together
tumbled in

Working with Ellie in the Bob Marshall

We spook two young moose
so slender and dark the swath of their heads
shy into the slope as they flee.
My horse takes
convincing
and when I look again they are gone.
Just a rim of lifted limestone
and the flat sepia sky meaning fire.

All day I’ve had the feeling
the horse would buck
a strange feeling to have
about an old horse
we call the Cadillac.

We stop in Chap’s Gap, I feel my hand
along moss stones for the cool,
waterless creek.

We continue,

you know another place for water,

filling our bottles in a high meadow
where water runs up from the ground.
To the east, in Augusta, men
are running their trucks
up the gravel road
simmered in smoke. I can taste
the beer they’re drinking, like salt,
while you coax the young mule down
the shifting switchback
easy on the continent’s spine,
ticking her name
like Tom Waits
Martha, Martha,

Martha. She bolts
from camp on the third day.
We punch new holes in her pack saddle,
shimmy it over the Cadillac’s back.
Stuff his riding saddle in a pack box
and guide him around the high looping
trail out of the lost valley
and down to the creek.

At the trailhead
Martha’s standing in the pasture
licking her lips. The Cadillac purrs.

Later you’ll tell me the dreams
that come from the waterless creek

how the old people used to walk
without water to see what they could see.
Martha waits, her red coat static in the dry grass.



Tammy Zinke - “Eagle over Sand Creek” Acrylic on Canvas, 20” x 50”



Tammy Zinke - “Victor” Acrylic on Canvas, 36” x 36”



Don Fisher - “Quiet” Photography, 36” X 22”



Tammy Zinke - “Ocean Spray” Acrylic on Canvas, 24” x 36”



Don Fisher - “Colored Boat Houses” Photography, 22” X 36”



Don Fisher - “Vertical Challenge” Photography, 36” X 22”



Melissa Cole - “Untitled” Glass Mosaic with Epoxy Grout, 12” x 18”

IDAHO
BONNERS FERRY
Automobile & Truck Services
Bear Auto 137 David Thompson Dr.,
208-267-5763
Dycks Auto Sales 6697 Main St., 208-267-2400
Les Schwab Tires, South Hill, 208-267-2411
NAPA Auto Parts, 6838 Main Street,
208-267-5531
North Hill Tire, 35 Swift Ln, 208-267-0293
North Idaho Collision Repair
148 David Thompson Dr, 208-267-9995
Riverside Auto Center, 6437 Bonner St,
208-267-3100
Bars
Firehouse Vines & Hops, 6371 Kootenai St,
208-217-2817
Books
Bonners Books, 7195 Main Street, 208-267-2622
Construction and Trades
Bonners Ferry Glass and Door 6821 S. Main St.,
208-267-3195
Boundary Tractor and Yamaha 6632 Main St.,
208-267-5571
Fredricksons Bonners Ferry Garbage
P.O. Box 1913, 208-267-3303
Off Grid Unlimited 137 Enterprise Dr.,
208-627-4476
Pro X Home Center 510374 US Hwy 95,
208-267-7561
Purity Homes 425-217-9020
Summit Plumbing Drew Foster 208-946-3123
Trusstek, 64679 Highway 2, 208-267-7471
Turner Plumbing 208-610-7538
Universal Well Drilling and Pump
388 Tonka Way, 208-290-1069
Wink Inc Sand Gravel and Excavation,
208-267-5804
Chiropractor
Pam Svec 208-267-7355
Education
9B Family Foundations, 7142 2nd St,
208-610-6507
Fitness
Iron Mikes Family Fitness 64450Hwy 2,
208-267-5298
Healthcare
Auburn Crest Hospice, 6541 Main Street Suite 2,
208-267-0579
Boundary Community Clinic, 6641 Kaniksu St,
208-267-3655
Boundary Community Hospital,
6640 Kaniksu St, 208-267-3141
Dr. Pam Svec, 6514 Main St, 208-267-7355
Holos Counseling
DBA Rawlings Community Counseling,
6807 Cody Street, 208-267-0900
Motels and Hotels
Idaho Lodge, 6506 Main St., 208-267-7915
Real Estate and Title
Century 21 Four Seasons Realty,
6521 Walker Ln, 208-267-2100
Community Title 7184 Main St., 208-267-6500
Isaac Carey 208-661-1389
Pace-Kerby Real Estate, 7192 Main St,
208-610-8211
Restaurants
Mi Pueblo, 7168 Main St, 208-267-4735
Mugsy's, 7161 Main Street, 208-267-8059
The Badgers Den, 6551 Main St, 208-267-1486
The Rusty Moose, 7211 Main St, 208-267-1950
Specialty Shops & Services
Bonners Books 7195 Main St, 208-267-2622
Boundary Consignments 7196 Main St,
208-267-4466
Hidden Haven, 6371 Kootenai St Suite 7,
208-217-2817
The Haircut Place, 510686 US-95, 208-304-2079
The Rusty Trunk, 6127 Main St, 208-691-9441
Trusted Computer, 7177 Main St. Ste. E,
208-267-0100
Universal Storage, 72 Tonka Way, 208-946-3017

COEUR D'ALENE
Art and Music
All About Sculptures 504 E Lake St.,
208-641-8380
All Things Art 7880 Franklin St., 208-215-4471
Art Spirit Gallery 415 Sherman Ave.,
208-765-6006
Blackwell Gallery 205 Sherman Ave.,
208-699-2116
Emerge 119 N 2nd St., 208-930-1876
Idaho Community Foundation 208-342-3535
Jacklin Arts and Cultural Center
405 N William St., Post Falls 208-457-8950
Music Conservatory 627 N Government Way,
208-551-3933
Samson Art and Music 213 W Appleway Ave.,
208-819-6484
Education
Human Rights Educational Institute
414 W Fort Grounds Dr., 208-292-2359
Furniture
Runge Furniture 1319 N 4th St., 208-664-2131
Garden and Gifts
Jungle Relic 314 N 3rd St., 208-551-4195
VanHoff Garden and Gifts
1844 N Government Way, 208-930-4424
Jewelry
Burchell Goldsmith LLC 1524 Northwest Blvd.,
208-676-1645
Clarks Diamond Jeweler 307 E Sherman Ave.,
208-664-4615
Photography
Tony Mills Photography 208-819-3024
Real Estate
Fred Meyers eXp Realty, 208-660-5647
Restaurants
Juniors Cantina 313 E Coeur D'Alene Lake Dr.,
208-771-7020
La Condesa 117 N 2nd Ave., 208-551-2868
Magpie 423 E Sherman Ave., 208-691-1231
The Moose North 10325 N Government Way,
Hayden, 208-518-1145
Tours
Tour CDA 1618 E Lakeside Ave., 208-550-3939
NAPLES
Grocery Store
Naples General Store 208-267-2947
OLDTOWN
Specialty Shops & Services
Divine Salon 54 Selkirk Way, 208-860-2321
SAMUELS
Blue Heron Cafe 486260 US 95, 208-263-1146
Samuels Store 208-263-1146
PONDERAY
Automobile
95 Express Car Wash, 477285 US-95,
208-656-1953
Fox Auto Body, 31466 SH-200, 208-263-6443
Les Schwab, 279 Bonner Mall Way,
208-265-4518
Pac West Parts, 21 McGhee Rd Ste 105,
208-265-5500
Coins and Metals
Grunberg Schloss Collectors' Cabinet,
210 Triangle Dr, 208-263-6060
Fitness
Natural Fitness Gym, 400 Schweitzer Plaza Dr
Ste 6, 208-255-2299
Physical Therapy
Kauai Therapy 30544 ID 200. 208-205-9559
Restaurants
Chicks, 476864 US 95, 208-597-7091
Flavors of Phoenicia, 477100 US-95 Suite C
Specialty Shops and Services
Brown's Northside Machine & Gear,
1100 Triangle Dr, 208-263-4643
Floor Show Inc, 880 Kootenai Cutoff Rd,
208-263-5198
Monarch Marble & Granite,
1502 McNearney Rd, 208-263-5777
Selkirk Power Generation, 1200 Triangle Dr,
208-263-1258
The Rusty Trunk, 875 Kootenai Cutoff Rd,
208-691-9456

PRIEST RIVER
Automobile
Patti's Action Auto Supply, 5611 US-2,
208-448-2331
Building and Trades
Rob's Heating & Cooling, 5431 Hwy 2,
208-448-0973
Scott Thompson Construction, 188 Pine Creek
Ln, 208-304-2025
Insurance
Carpenter Insurance Agency, 5809 US-2,
208-610-8190
Farmers Insurance, Ben Horton,
5871 US-2 Ste B, 208-448-1231
Real Estate
Amanda Williams Century 21, 208-448-0901
Century 21 Riverstone, 19 W Beardmore,
208-448-0901
Suzie Hatfield Century 21, 208-290-7945
Restaurants
Mi Pueblo, 5436 US-2, 208-448-0115
Thai Garden at The Ranch, 4555 US-2,
208-290-3507
Vicki Rae's Pizza,
45 South Mckinley Street Suite 101,
208-448-2200
Specialty Shops and Services
Blue House Vapors, 45 S McKinley St Ste 104,
208-270-0972
Color Up, 45 S McKinley St #102, 208-783-5076
Priest River Cleaners, 186 Highway 57,
208-448-2299
SAGLE
Construction and Trades
Insight Restoration, 469058 US-95,
208-946-9648
Turner Plumbing LLC, 468146 US-95,
208-610-7538
SANDPOINT
Art and Music
Pend Oreille Arts Council, 313 N 2nd Ave Ste B,
208-263-6139
T. Zinke, 204 East Superior, 208-603-1803
Automobile
7B Mobile Mechanic, 253-389-5261
Melody Muffler, 602 Pine St, 208-263-2812
Nelsons Automotive, 1111 Michigan St,
208-263-4911
Books
Sandpoint Books, 321 N. Second Ave,
208-263-2417
Clothing
Bella Terra, 223 N 1st Ave, 208-263-1116
Eve's Leaves, 326 North First Ave, 208-263-0712
Construction and Trades
Pac West Parts, 21 McGhee Road Ste 105.
208-265-5500
Sandpoint Garage Doors, 1309 Wright Way,
208-263-6040
Top Notch Electric, 855 Wood View Rd,
208-290-2336
Fitness
Natural Fitness Gym, 1103 W Superior St,
208-263-0676
Floral
Nieman's, 211 Cedar St, 208-263-3024
Grocery
Winter Ridge, 703 Lake Street, 208-265-8135
Real Estate and Title
Alliance, 105 Pine St, 208-263-2125
Carol Curtis Century 21, 316 N 2nd Ave Suite A,
208-290-5947
Century 21 Riverstone, 305 N 1st Ave.,
208-255-1634
Leah Sandlin Keller Williams Realty,
509 N 5th Ave Suite H, 208-610-4627
Suzie Hatfield Century 21, 208-290-7945
Restaurants
Arlo's, 124 S. 2nd Ave, 208-255-4186
Bab's Pizzeria, 1319 Highway 2, 208-265-7992
Barrel 33, 100 N 1st Ave, 208-920-6258
Chicks, 476864 US 95, 208-597-7091
Connies, 323 Cedar St, 208-255-2227
Eichardt's, 212 Cedar Street, 208-263-4005
Jalapenos, 314 N 2nd Ave, 208-263-2995
Joe's Cheese Steak, 102 Church Street,
208-263-1444

Marigold Bistro, 414 Church St, 208-263-9514
Second Avenue Pizza, 215 S Second Ave,
208-263-9321
Spuds 102 N 1st Ave., 208-265-4311
Sunshine on Cedar, 334 N. 1st Ave, Ste 208,
208-597-7055
Tandoori Grill, 202 N 2nd Ave, 208-916-4075
The 113 Main, 113 Main St, 208-946-5309
Specialty Shops and Services
Ballard Orthodontics, 301 S Division Ave,
208-263-4122
Cedar Street Bridge, 334 N 1st ave,
208-946-9531
Home Sweet Home Consignment, 205 Cedar St,
208-255-1818
The UPS Store, 217 Cedar St, 208-263-0261
Vapor Planet, 819 US-2, 208-263-9561

SPRIT LAKE

Health

Mountain Springs Assisted Living, 3254 Spirit
Lake Cutoff Rd, 208-263-2273

Restaurants

Mi Pueblo, 6249 W Maine St, 208-623-2532

**WASHINGTON
DEER PARK**

Real Estate

Katy Yoder Exit Realty, 912-402-9835
Specialty Shops and Services
Blue House Vapors, 206 S Main St,
509-270-0972

**IONE
Motels and Hotels**

Riverview Motel, 120 Riverside Ave,
509-442-2990

NEWPORT

Antiques

Now and Then Antiques, 321 S Washington Ave,
509-447-4300

Art and Music

Vessel Gallery, 331 S Washington Ave,
509-703-4886

Automobile

Perfection Tire, 311 W Walnut Street,
509-447-3933

Roger's Body & Frame, 530 S Cass Ave,
509-447-4225

Salesky Service Center, 333209 Hwy 2,
509-447-4767

Construction and Trades

Purity Homes, 425-217-9020
Legacy Logging, 724 West 3rd St, 509-946-7575

Grocery

Owen's, 337 S Washington Ave, 509-447-3525

Insurance

Carpenters Insurance, 208-610-8190

Quilting

Cuppa Tea Quilting, 5609 Hwy 2, 509-589-1350

Real Estate and Title

Home Loan Joan, 301 S Washington Ave,
509-671-1886

North Country Realty, 220 S Washington Ave,
509-447-2421

Sunshine Real Estate, 118 S Washington Ave,
509-671-7630

Frontier Title & Escrow, 125 S Washington Ave,
509-447-4454

Susan Evans, Amplify Real Estate, 509-710-8846
Vincent Realty, 301 Washington St. Ste A.
509-599-7382

Alisha Krause Realtor, 509-671-7630

Restaurants

Mi Pueblo, 311 N Washington Ave, 509-447-3622

Specialty Shops and Services

Amanda Crow LMT Massage Therapist,
104 S Washington Ave Suite A, 509-462-0486

Anderson Family Cleaning, 509-671-6694
Griffin's Furniture, S 217 Washington Ave,
509-447-4511

Leo's Excavating, 206 Laurelhurst Dr,
509-447-3037

Nails by Grace, 509-919-0567
Newport Buzz & Trim, 203 S Washington Ave,
509-202-2587

Pend Oreille Cannabis Co., 601 State Rte 20,
509-550-5218

Pend Oreille Merch Company, 601 Hwy 20,
509-550-5218

Petroglyph Printing & Signs, 300 2nd St,
509-447-2590

Sunshine Shipping,
118 S Washington Ave Suite B, 509-245-2005

Tan Linez Sunshine Tanning Salon LLC,
118 S Washington Ave Suite B, 509-203-7626

Tim's Barbershop, 301 S Washington Suite B,
509-671-1903

Vibin' Hair, 104 S Washington Ave,
509-671-6564

Loi Eberle Continued from Page 9

Psychiatrist Victor E. Frankl, wrote his book, "A Man's Search for Meaning," after being imprisoned in the Nazi concentration camps during World War II. Describing them as horrible beyond description, he wrote about "seeing The Truth = that love is the ultimate and highest goal to which a man [or woman] can aspire. Then I grasped the meaning of the great secret that human poetry and human thought and belief have to impart: the salvation of man is through love and in love." Frankl spoke of seeing how "In a position of utter desolation, when man cannot express himself in positive action, when his only achievement may consist in enduring his sufferings in the right way - an honorable way - in such a position man can, through loving contemplation of the image he carries of his beloved, achieve fulfillment. For the first time in my life I was able to understand the meaning of the words, "the angels are lost in perpetual contemplation of an infinite glory." While applying pickaxes to the frozen ground, as ordered by the brutal guards, Frankl writes: "Love goes very far beyond the physical person of the beloved. It finds its deepest meaning in his spiritual being, his inner self." He realizes the "contemplation of her image [even though his wife had died in camp] would have been just as vivid and just as satisfying. Set me like a seal upon thy heart, love is as strong as death. This intensification of inner life helped the prisoner find a refuge from the emptiness, desolation and spiritual poverty of his existence." Then Frankl writes, "I sensed my spirit piercing through the enveloping gloom. I felt it transcend that hopeless, meaningless world, and from somewhere I heard a victorious "Yes" in answer to my question of the existence of an ultimate purpose... Humor was another of the soul's weapons in the fight for self-preservation. The attempt to develop a sense of humor and to see things in a humorous light is some kind of a trick learned while mastering the art of living."

Frankl describes, " a "negative suffering" as Schopenhauer put it." Later in his book Frankl comments, "the consciousness of one's inner value is anchored in higher, more spiritual things, and cannot be shaken by camp life." He then concludes, "Man can preserve a vestige of spiritual freedom, or independence of mind, even in such terrible conditions of psychic and physical stress... everything can be taken from a man but one thing: the

last of human freedoms - to choose one's attitude in any set of circumstances, to choose one's own way... The way those martyrs choose behavior in camp, whose suffering, and death, bore witness to the fact that their last inner freedom cannot be lost. It can be said that they were worthy of their sufferings; the way they bore their suffering was a genuine inner achievement. It is this spiritual freedom - which cannot be taken away, that makes life meaningful and purposeful...The state of the prisoner's inner self was not so much the enumerated psychophysical causes as it was the result of a free decision." Frankl then quoted Nietzsche: "He who has a why to live can bear with almost any how." Frankl also made an interesting observation, "it did not really matter what we expected from life, but rather, what life expected from us."

Then Frankl made a statement that to my surprise, is also portrayed in a postcard that has been on my desk for years. It is the Norman Rockwell painting of a little girl with a black eye, sitting on the bench next to the school principal's office, with the statement at the top: "What doesn't kill me makes me stronger."

Similar to some Buddhist teachings, Frankl states, "our answer must consist, not in talk and meditation, but in right action and right conduct. Life ultimately means taking the responsibility to find the right answer to its problems and to fulfill the tasks which it constantly sets for each individual...Sometimes the situation in which a man finds himself may require him to shape his own fate by action...There is only one right answer to the problem posed by the situation at hand...The right example was more effective than words could ever be."

Meditation teacher and author, Jeff Carreira writes: "The clearer you become about why you are so compelled by spirit, the more effectively you can align your energies with the powers of your soul that are conspiring to awaken you to your true purpose...Our sensitivity to the feeling of the sacred, the infinite Cosmic Consciousness exists in this exact moment."

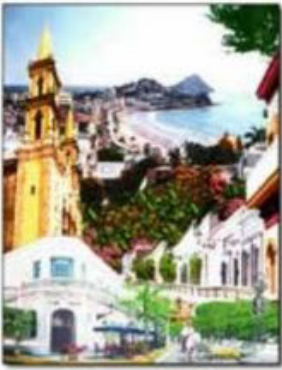
I began to think about the spiritual teachings from my

Continued to Page 38

RESTAURANTS

Mi Pueblo

Authentic Mexican Food



208 448-0115
Priest River, ID 83450

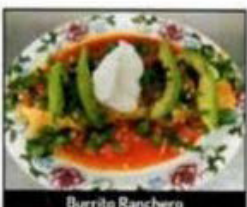
208 267-4735
Bonnors Ferry, ID 83401

208 623-2532
Spirit Lake, ID 83859

509 447-3622
Newport, WA 98570

Like us on Facebook Mi Pueblo Authentic Mexican Food

Some menu items have peanut products in them. Please let your server know if you have an allergy.



Burrito Ranchero



Mi Pueblo Nachos



Companeros ala Mexicana

Mi Pueblo-Authentic Mexican food. When you have a craving for truly authentic Mexican food, your choice is Mi Pueblo in Priest River, 5436 Hwy 2, and 7168 Main St. in Downtown Bonners Ferry, Idaho, 6249 W. Maine, Spirit Lake, Idaho, and 311 North Washington, Newport, Washington. You'll find friendly service, fresh ingredients, great menu choices, many vegetarian and gluten free selections available and a surprise after every meal! Fast lunch service! To go orders, too!



Mugsy's Tavern & Grill is known as the local watering hole, a one of a kind gem up in North Idaho! Family owned and operated, Mugsy's proudly hosts a slew of taps local to the northwest alongside a few of your favs from around the country! Continuing the legacy of our infamous burgers, adding a few new special items to the appetizers to entrees. We know you'll be telling your friends about this treat! The chefs love to get creative and come up with different rotating lunch and dinner time specials, as well as great, fun cocktails to pair with special events happening in town! Come see why Mugsy's is known as the as "The Cheers of North Idaho!"



THE BADGERS DEN

Dine In • Drive thru • Open Daily

RESTAURANT • LATTES
SERVING BREAKFAST DAILY

@thebadgersdencafe

A local favorite, **The Badgers Den**, is the #1 breakfast place! Open daily, serving all day breakfast such as biscuits and gravy, homemade hashbrowns, pancakes, chicken fried steak, and all your breakfast favorites! We also are the only breakfast place to have in house espresso options, as well as a convenient drive thru for lattes, and even grabbing your breakfast to go! Whether you dine in, or take out, we are sure you will love to frequent The Badgers Den!

Hidden Haven

Sweets & Treats



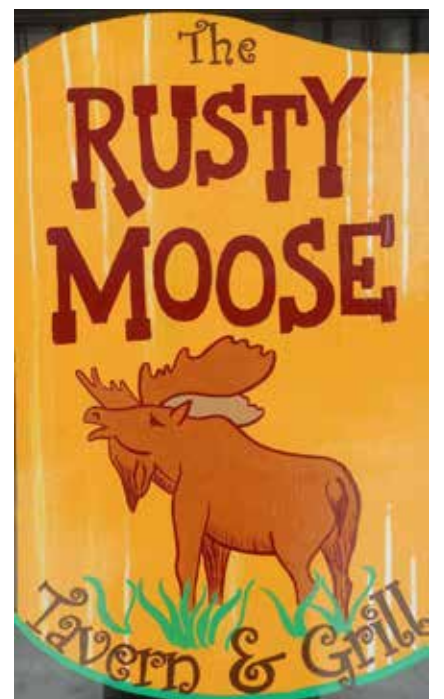
Ice Cream ~ Candy ~ Gifts

6371 Kootenai St., Suite 7
Bonnors Ferry

Hidden Haven Sweets & Treats is the newest sweet spot in Bonner's Ferry. This brand new ice cream store and specialty candy shop is just the place everyone needs to visit when the urge for sweets strikes home. We will be opening for limited days and hours in order to bring you some favorites just in time for Halloween. Check us out on Facebook and stop by 6371 Kootenai St. in Bonners Ferry! We can't wait to meet you!



Rusty Moose Tavern and Grill is family owned and operated and has been serving Bonners Ferry since 2004. Offering a wide variety of lunch and dinner items, beer, wine, espresso, ice cream and chef made desserts including wild huckleberry cheesecake. Selections including The Bull Burger (our signature burger), steaks, pastas, salads, sandwiches and seafood. Our very popular prime rib is locally raised from Woods Meats and served every Friday night. You can also order a delicious pizza from our sister company award winning Goat Mountain Pizzeria. So come enjoy a great meal and beverage with us Tuesday - Saturday at 7211 Main Street Downtown beautiful Bonners Ferry 208-267-1950.





Babs' PIZZERIA

A SLICE OF NEW YORK

THIN CRUST. BIG FLAVOR.

208-265-7992

MENTION YOU SAW THIS & GET FREE BASKET OF GARLIC KNOTS WITH PURCHASE OF X-LARGE 2-TOPPING PIZZA

1319 HWY 2, SANDPOINT, ID 208.265.7992

MON-THURS: 11AM-8PM.
FRI-SAT: 11AM-9PM
SUNDAY: 3PM-8PM

WWW.BABSPIZZERIA.COM
OPEN FOR DINE-IN OR TAKEOUT!

Babs' Pizzeria, located at 1319 Hwy 2 in Westpointe Plaza, is a "mom and pop" Pizzeria specializing in the best thin crust pizza this side of the Mississippi - a true slice of New York in beautiful Sandpoint, ID with dough hand-made daily. Sample Stromboli or pasta dishes, and end the meal off with a classic hand-filled cannoli. Open Monday through Sunday, so you can enjoy a little bit of New York every day! Online ordering and delivery available.



Authentic Philly Cheesesteaks and more

208-263-1444

Craving an authentic cheesesteak? No need for a plane ticket; head to Joes Philly at 102 Church Street in Sandpoint, where your cravings meet their match! Sink your teeth into a foot of mouthwatering, cheesy, beefy goodness that'll leave the Liberty Bell ringing in your ears. Don't let the name fool you, this is no one trick pony; indulge in their burgers, dogs, hoagies, and more, all crafted with fresh ingredients. Come for the philly, leave with a smile!



Jalapenos Mexican Restaurant located in Downtown Sandpoint has been serving hungry locals and tourists alike for over 34 years in a fun and lively atmosphere. We are family friendly and offer a full bar, banquet room and outdoor deck dining in the warmer months. An extensive tequila and mezcal list, margarita

capitol of North Idaho, a large menu of Mexican favorites and amazing service make Jalapenos a can't miss when visiting Sandpoint!! Find us at 314 N Second Ave. Sandpoint, ID 83864. 208-263-2995. www.sandpointjalapenos.com. Find us on Doordash.

FRESH FOOD • LIVE MUSIC
THE BEST NW BREWS

EICHARDT'S
pub • grill
coffee house

The Pub with Personality

OPEN 11:30 am
GAME ROOM UPSTAIRS

212 Cedar Street
Downtown Sandpoint
208.263.4005

A SandPint Tradition Since 1994

Eichardt's Pub is more than a Public House, a restaurant, and a music venue, it's a hub where community connects, and ideas are shared. It's 'The Pub with Personality'. An outstanding selection of micro brewed and imported beers, regional draft ciders, and an extensive wine by-the-glass list. The menu is vast, the ingredients are high quality and locally sourced. American Brew-Pub style cuisine, with vegetarian-friendly options available. The servers are mature, authentic and sometimes surly. Offering a variety of excellent and diverse, weekly live music, featuring the Monday Night Blues Jam. Great Vibe! Great Food! Great Music! Please follow us on Instagram @eichardtspublichouse to keep up on music, art and any other important stuff.

"out of this world"

Second Avenue PIZZA

We Deliver!
5:30pm - 10:00pm
Delivery Charge for Outside Areas

Business Hours
Tues - Thurs 11am - 9pm
Friday 11am - 9:30pm
Saturday 1:30pm - 9:30pm
Sunday 2pm-8pm
Closed Mondays

215 South Second Avenue
Sandpoint, Idaho
208-263-9321

Junior's

Junior's Camarones
Combination

313 E. COEUR D'ALENE LAKE DR., COA, ID
208.771.7020

COCINA MEXICANA
Coeur d'Alene, Idaho

ONE FOR YOU	ONE FOR A FRIEND
BUY ONE COMBO PLATE GET 2ND PLATE 50% OFF	BUY ONE COMBO PLATE GET 2ND PLATE 50% OFF
Of equal or lesser value. Cannot be combined with other coupons, discounts, or specials. One per Person/Order. No Cash Value	Of equal or lesser value. Cannot be combined with other coupons, discounts, or specials. One per Person/Order. No Cash Value
SUNDAY-THURSDAY IN-PERSON Expires 9-30-26	SUNDAY-THURSDAY IN-PERSON Expires 9-30-26

SPUDS

WATERFRONT

Grill

Located in downtown Sandpoint along the waterfront, Spuds Waterfront Grill offers fresh, scratch-made food in a relaxed North Idaho setting. Known for creative sandwiches, hearty salads, house-made soups, and signature baked "spuds" loaded with flavorful toppings, the menu blends classic comfort food with globally inspired ingredients. Breakfast favorites, daily specials, and house-made dressings and sauces highlight the kitchen's commitment to freshness. Whether you arrive by boat, bike, or on foot, Spuds is a local favorite for casual dining and waterfront charm.

102 N First Ave., Sandpoint, ID 83864, 208-265-4311
Hours: 8am-8pm Daily
www.spudsonline.com

Arlo's
RISTORANTÉ

In addition to all your old favorites, Arlo's is now serving authentic pizza out of our beautiful new brick oven from Italy! Our Neapolitan style dough is crafted with 00 Flour imported from Italy, fermented a minimum of 48 hours with fresh yeast, and hand stretched to order. This process in addition to the high temperature brick oven results in a crispy, delicate crust with just the right amount of char.

Open every day except Thursday
11:30am-2:00pm, and 5:00pm-9:00pm.
(208)-255-4186 www.arlos-restaurant.com.
124 S. 2nd Ave. Sandpoint, ID - 83864

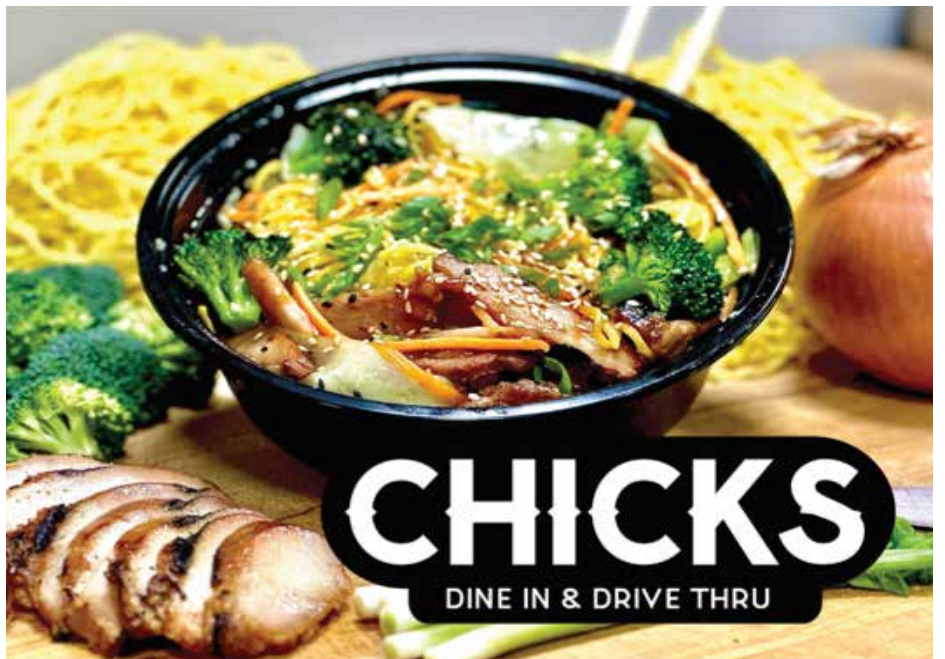


Beer & wine bar located on the Cedar Street Bridge with Hawaiian-flair food boards. The short but sweet menu is Full of island flavors. Pop-up dinner specials announced on social media.



Wed-Mon 11am-8pm
 Sunday Closed at 5pm
 (208) 597-7055
 334 N. 1st Ave. Ste 208
 Sandpoint

@sunshine_on_cedar Sunshine on Cedar



CHICKS TERIYAKI

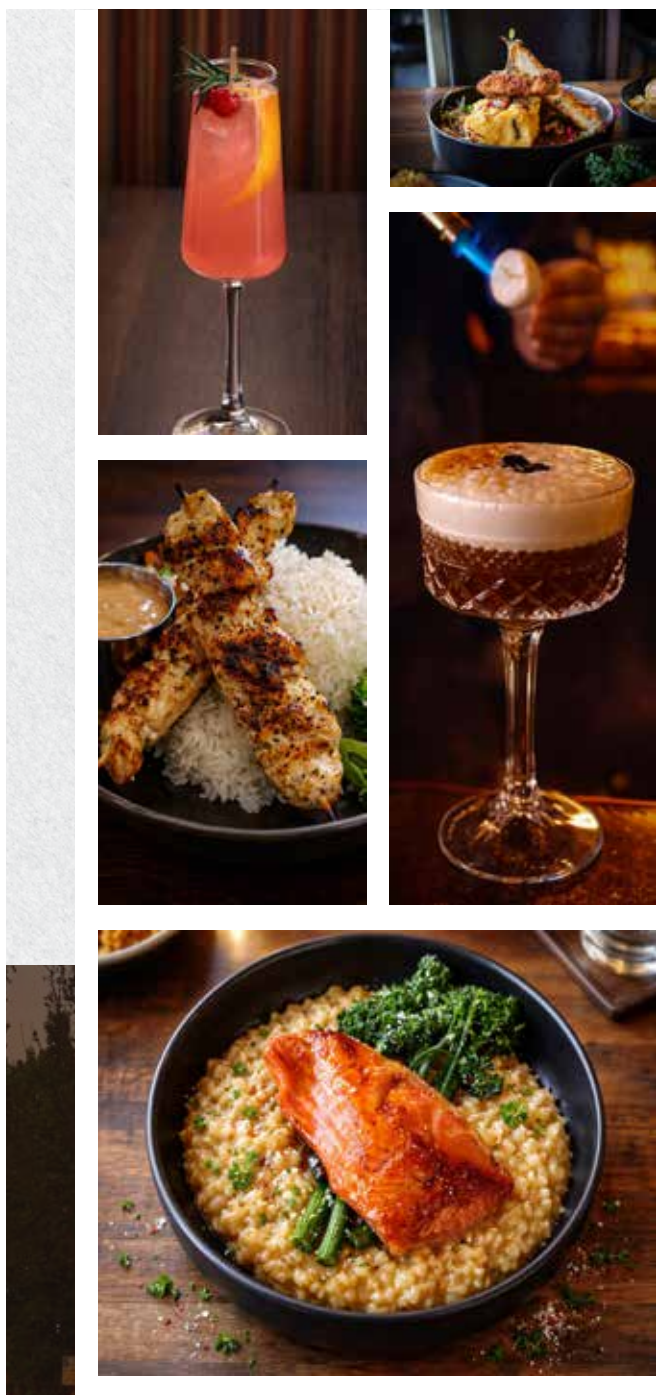
The best teriyaki in the PNW! Come try our selection of teriyaki bowls and sandwiches today. Conveniently located off of Hwy 95 and Kootenai Cutoff in Ponderay. Dine in with friends or drive thru for delicious teriyaki to go.

Open Mon-Fri 11am-7pm (208) 597-7091
 Sat 12pm-6pm
 476864 US 95, Ponderay

@chicksteriyaki Chicks Teriyaki



Marigold Bistro is a vibrant community-focused bistro with an emphasis on fresh ingredients and friendly service. Nestled in the heart of Sandpoint, Marigold Bistro specializes as a cafe and is open for regular service from Monday to Friday from 7am to 3pm with ample space for intimate gatherings, business meetings, and grand occasions. Offering after-hours private events on-site as well as off-site catering services, Marigold Bistro is dedicated to creating memorable and delectable experiences for all its guests.



Great drinks.

Great food.

Great mood.

Delicious scratch cooked food & premium cocktails in the heart of historic downtown Sandpoint!



A Plea to Idaho’s Governor after he announces
his strategy for the year 2025: Keeping Promises

To keep, to look
to observe or carry
into practice
to regard
pay attention to
to preserve, guard, defend
to keep safe
to continue on

and promise
an assurance
before or
in front of
to release, let go, send, throw
as in a mission
peacekeeping
record keeping

35,000 people without
documentation live in Idaho.
I’ve worked with them
in the predawn cold in Ketchum
rolling pastry dough across bright counters,
held their hands as we drank red wine in the Knob Hill
before
Christmas, cumbia two stepped
in warehouses,
caught rides in the rain.

The factories, farms
dairies, restaurants and resorts employ them.
One of your neighbors does too.
These Idahoans care for the very old
and the very young
and the sick
keeping them whole.

Where is the plan that doesn’t just benefit
from their labor,
but keeps them? Tends them
the way
they tend.
My friend calls me everyday
in the months after my mother dies
mi hija she says
tell me how it is today.

In the dish pit at the bakery the hard woman
who crochets pale yellow baby socks and bonnets
for all the pregnant women working doubles
folds the social security number into her
apron pocket for the new boy who speaks no
English, washing dishes with a ferocity
that gleams. He will get signed on,
pay all his taxes, nothing returned.

Solidad, Sal, Solitude, her name I can’t get right
but still, I see her lifting the door from the floor of the dish
pit
and shimmying into the basement to fetch
canned milk, fondant, 20 lb. bags of white flour,
little bits trailing the tile floor like a path home.

The man who bakes the bread is still there
every morning, the first one, humming in beat
with the bread hook as it rounds the silver bowl.
He cannot legally marry his wife
but he keeps his promise to her
driving into work every day through the canyon
where the police wait like elk beside the frozen road.

The restaurant is the intensity of their work
the way this state is the intensity of yours.

Outside the clear blue desert sky
Outside our lake laden winter cloud forest

Have mercy on them all.
Have mercy on the 51% of undocumented people
who have lived in Idaho longer than 15 years,
who own homes,
who harvest your potatoes
and mow your lawns
and sing your children songs.

Promise to keep
these people,
their families,
knowing that someone
once
chose to keep yours.

Water Spirit

Ancestor or serpent
winged, fish scaled,
fire in the mouth
our dragon
with her petulance
for searing the paint from her forked metal tongue
what wildebeest
loch ness
in our rained in cedar forest
our dragon breaths fire
but lives on water
this creature of every history
ivy green
green envy
backlit by process
made by so many hands
but one story

deep sea blue
and current
blue reflection
blue lightening
and blue flame

dark garnet
the wave of her body
singular
stone
overture
this broadsided
swell
clear eyed
and earnest
how easy to ply toward the sea
ever clearing
in time and water

Our dragon might breathe fire,
but she protects water
spirit of old
serpent that slides in the eventide
cobalt and ruby
rust
midnight
cherry
canary
hyacinth
and blue caramel
skyline
and goldenrod
every shade cut by the artist’s hands
arranged in community
this dragon
measuring
methane, red mouth agape, lava roaring

LOCAL POET: SUSAN BOTICH

When the Music Finds Me

It's how the lake's waves float
my relaxed body, facing the endless
sky, drifting buoyant on that
softness, that embrace.

I'm gently carried away, beyond
the oppressive labors of the world,
its cacophonies, confusions wreaking
throughout its hate-filled constructs.

When the music finds me, it lifts me up,
as if I belong to lofty creatures such as eagles
and osprey – where they nest – above
the turbulent traffic, the insistences

of the world's exploits that make life
untenable during the fragile hours,
and into a quiet home, safe within
the windy crags of solitude.

When I am borne on those light feathers
of music, I find myself a swift creature,
of wild mountains and their highest plateaus.
I become myself

a song rising into the evening, a full symphony
of stars. When the music finds me,
it's from above and below, and from within
my depths of memory.

When the music flows to me, I can rest,
curl into it, purl into its rhythms.
This is always the beginning for me – of life,
beauty, love, and everything else inscrutable.

We Call Them Pieces

I'm listening to Beethoven's Symphony No. 5 –
an aural tapestry – the weighty, dulcet, a spectrum
of earth and heaven playing, in turns, then joining
to birth new tones that cascade, spin, yearn.
Every hue pulses into the vista-wash of my mind.

One lonely melody wanders into lush, liquid chords,
and pours into the most intimate veins of my own life –
a movement of story that becomes entirely mine.
This fluent weave of musical threads sings
of my personal story-arcs with a visceral pull.

My memories, full now with decades of life –
that musical career pursuit through my twenties,
then marriage, motherhood, and multiple migrations.
These have composed the piece that is my life so far,
its movements, passages, measures.

I still intuit more than reason. My epiphanies
allegro their way into the secreted notes of my heart
a spiral of openings, a way to enter into a presence
beyond sense. Here, I feel the healing of all
old wounds left from my life's chaotic intro.

Time changes fill the symphony, yet music is always
now. Listening to Beethoven, my life is more clear.
In that same way skin, tissue, bone – our attire
while we're here – daily die and are reborn,
my love, worn, is again made new.

Continued on Page 33

ICF Forever Idaho Grantee, Festival at Sandpoint.
Photo credit: Racheal Baker.

The Idaho Community Foundation makes more...

community festivals

performing arts
after school programs
work force development
scholarships
land conservation
good

...possible

through the power of collective giving.



Make more
possible in
North Idaho at
IdahoCF.org

In partnership with the Community Foundation Awareness Initiative.

LOCAL RENOWNED CLARINETIST: JAMES SULLIVAN

The Music Conservatory of CdA announces the return of James Sullivan. The renowned clarinetist will lead the Chamber Music Series in Coeur d'Alene, Idaho. The Coeur d'Alene Conservatory of Music is thrilled to announce the return of phenomenal clarinetist James Sullivan to its faculty. Mr. Sullivan played professionally in Los Angeles for twenty-five years, working with Los Angeles Philharmonic, LA Opera, and many prestigious chamber music series and ensembles. He will be heading the Conservatory's chamber music department, in addition to offering private, individualized clarinet instruction and musicianship development.

Beginning this May, the Music Conservatory will be showcasing the talents of its faculty and the region's finest classical musicians in a professional chamber music series here in Coeur d'Alene.

"We are excited that James has come back to launch a chamber music series connecting exceptional artists from across the country and internationally," says Cynthia Newkirk, Executive Director. "Our home, the historic Hamilton House, is an excellent venue in which to enjoy the intimate ambiance of chamber music performances."

Tickets for the inaugural concert in May will go on sale soon at the Music Conservatory's website cdaconservatory.org/events.

James Sullivan began the clarinet at age ten, heard Mozart soon after, and became a lifer. For forty-one years he has lived with the mystery of air becoming sound, feeling becoming music. He has performed extensively as a chamber musician, working with prestigious series such as Los Angeles Philharmonic Green Umbrella, Jacaranda, Tuesdays at Monk Space, Hear Now Festival, Pasadena Conservatory Music & Mansions, Boston Court, Microfest and Territory Festival in Moscow, Russia. Collaborations include working with Martin Chalifour, Vinnie Golia, Vicki Ray, Mark Robson, Billy Childs, Elissa Johnston, John Walz, Lyris Quartet, Eclipse Quartet, Brad Dutz Quartet, E.A.R. Unit, WildUp, and WasteLAnd. A deep study of just intonation led to performing and recording with Partch Ensemble, Ben Johnston and Andrew McIntosh. Sullivan played with Kan Zaman, a classical Arabic ensemble, for ten years and learned the maqam system, folkloric repertoire, and improvisational styles. As an orchestral musician, Sullivan has performed with Los Angeles Philharmonic, LA Opera, Santa Barbara Symphony, Pasadena Symphony, Seattle Symphony, and Phoenix Symphony, working with conductors such as Esa-Pekka Solonen, Gustavo Dudamel and Dirk Brosse. He studied at Interlochen Arts Academy, Cleveland Institute of Music, Florida



State University (B.M.) and California Institute of the Arts (M.F.A.). Influences on his musical development have been obsessively listening to music, reading, exploring ideas in aesthetics and philosophy, ballet and two-stepping, visual art, and many hours of conversation with treasured friends. Developing sitzfleisch helped things along, too. Alright, and doing silent practice on the clarinet at three in the morning during bouts of insomnia provided improvements as well. Sullivan also maintains a career as a visual artist, working in charcoal, pastels, and oil paint. He likes to keep the energy flowing by running on trails in the woods with his dog, and explores composition and harmony through gardening. He teaches at the Music Conservatory of Coeur D'Alene, and searches with each student in discovering how to bring their own unique voice to our musical traditions.

About Music Conservatory of Coeur d'Alene

The Music Conservatory of Coeur d'Alene is a nonprofit 501(c)(3) dedicated to musical excellence through accessible instruction, collaborative partnerships and performance. It offers private lessons and group classes on a wide variety of instruments, voice and choir, beginning with early childhood development, through beginning levels of instruction on most all instruments and progressing to more advanced instruction in music theory, composition, conducting and ensemble performance. Its faculty are professional musicians that mentor students through the progressive stages of their musical education journey providing instruction, guidance, feedback and encouragement. As part of the "Conservatory" experience, its students perform at recitals for their families and friends to gain confidence in front of a live audience. The Music Conservatory's faculty, students and its Youth Choir perform at concerts and community events throughout the year. Learn more at www.cdaconservatory.org.

COEUR D'ALENE AND POST FALLS
ONGOING EVENTS

Second Fridays: Art Walk by the Arts and Culture Alliance
more info at www.artsandculturecda.org
Saturdays: Kootenai County Farmers Market in Hayden,
more info at kootenaifarmersmarkets.org
Wednesdays: Kootenai County Farmers Market in CDA,
more info at kootenaifarmersmarkets.org Coeur D'Alene
Events

APRIL

1 Gizmo CDA Pottery Workshop more info
gizmo-cda.org
2-12 "The Little Princess" at the Lake City Playhouse,
more info at www.lakecityplayhouse.org
8 Gizmo CDA Pottery Workshop more info
gizmo-cda.org
8 Gizmo CDA Pendant Wire Wrapping Class more
info gizmo-cda.org
10 Substance V Ceramic Exhibit at the Emerge
Gallery more info at www.emergecda.com
10-11 "The Marvelous Wonderettes: CAPS and
GOWNS" performance for the Orchard Ridge
Senior Center, more info at kroccda.org
11 Crossing Paths Concert live at the Music
Conservatory of CDA, more info at
www.cdaconservatory.org
11 "Musicals in a Moment" a song and dance
cabaret, more info at www.waymakerarts.com
14-30 Annual Student Art Exhibition at North Idaho
College more info at www.nic.edu/cornergallery
15-24 "Anastasia" performed by CYT North Idaho at
the Kroc Center, more info at
www.cytnorthidaho.org
16-25 Express Piano Concert live at the Music
Conservatory of CDA, more info at
www.cdaconservatory.org
16-25 "Eurydice" performed by the North Idaho
College Theater Department at NIC Campus,
more info at www.nic.edu/theatre
16 CDA Art Association Monthly Meetup more
info at www.coeurdaleneartassoc.org
18 Saturday with the Symphony concert, more
info at www.cdasympphony.org
18 Nocturne Piano Concert live at the Music
Conservatory of CDA, more info at
www.cdaconservatory.org
21 Gizmo CDA Glass Art Basic of Enameling
Workshop more info gizmo-cda.org
22 "Once Upon a Mattress" performed by the
Lake City Playhouse at the Aspire Community
Theatre, more info at www.aspirecda.com and
www.lakecityplayhouse.org
24 "Shrek the Musical" performed at the Aspire
Community Theatre, more info at
www.aspirecda.com

MAY

1-8 Annual Student Art Exhibition at North Idaho
College more info at www.nic.edu/cornergallery
6 NIC Spring Coral Concert live at North Idaho
College, more info at www.nic.edu/music
8 2nd Friday Art Walk by the Arts and Culture
Alliance, more info at
www.artsandculturecda.org
8 Abigail Gutting Solo Art Show Opening at the
CDA Galleries, more info at
www.cdagalleries.com
9-10 "Finding Nemo Junior" at CYT North Idaho,
more info at www.cytnorthidaho.org
9 Grand Finale: Americas 250 Concert, more info
at www.cdasympphony.org
9 Memories with Moms Brunch and Tea Fundraiser

15 at the Music Conservatory of Coeur D'Alene,
more info at www.cdaconservatory.org
15-24 Unfolding Horizons Concert at Chorale CDA,
more info at www.choralecda.com
"Anastasia" performed at the Lake City
Playhouse, more info at
www.lakecityplayhouse.org
16 Unfolding Horizons Concert at Chorale CDA,
more info at www.choralecda.com
19 NIC Cardinal Jazz Concert at North Idaho
College, more info at www.nic.edu/music
21 CDA Art Association Monthly Meetup more
info at www.coeurdaleneartassoc.org
22 "Once Upon a Mattress" performed at the
Aspire Community Theatre, more info at
www.aspirecda.com
25 Carnegie Hall Residency Performance at
Chorale CDA, more info at www.choralecda.org
29-30 "The Lion, The Witch and The Wardrobe" by
A-Readers Theatre at His Place Church, more
info at www.waymakerarts.com
30 Historical Food Festival at the CDA Public
Library, more info at www.cdalibrary.org
30 Chamber Music Concert at the Music
Conservatory CDA, more info at
www.cdaconservatory.org

JUNE

5 Emerging Artists Pop Up Show at Emerge
Gallery, more info at www.emergecda.com
5-6 "The Lion, The Witch and The Wardrobe" by
A-Readers Theatre at His Place Church, more
info at www.waymakerarts.com
12 2nd Friday Art Walk by the Arts and Culture
Alliance, more info at
www.artsandculturecda.org
18 Summer Concert Series: Folk Night at the
Jacklin Arts Center, more info at
www.thejacklincenter.org
18 CDA Art Association Monthly Meetup more
info at www.coeurdaleneartassoc.org
20 Saturday with the Symphony concert, more
info at www.cdasympphony.org
26 "Frozen the Musical" performed at CDA Summer
Theatre, more info at www.cstidaho.com

JULY

3 "America 250 Courthouse Celebration" by the
Music Conservatory of Coeur d'Alene, more
info at www.cdaconservatory.org
9-11 "Tuck Everlasting" performed by How Much
More Productions, more info at
www.howmuchmoreproductions.com
10 Annual CDA Block Party at Emerge Art Gallery,
more info at www.emergecda.com
10 2nd Friday Art Walk by the Arts and Culture
Alliance, more info at
www.artsandculturecda.org
16 Jazz Series Sunset Melodies at the Jacklin Arts
Center, more info at www.jacklincenter.org
16 CDA Art Association Monthly Meetup more
info at www.coeurdaleneartassoc.org
16-18 "Tuck Everlasting" performed by How Much
More Productions, more info at
www.howmuchmoreproductions.com
17 "Come From Away" performed by the CDA
Summer Theatre, more info at
www.cstidaho.com
18 Saturday with the Symphony concert, more
info at www.cdasympphony.org
24-31 "Mean Girls" performed at the Lake City
Playhouse, more info at
www.lakecityplayhouse.org

- 31
- "Crazy for You" performed by the Aspire Community Theatre, more info at www.aspirecda.com
- 31
- 58th Annual Art on the Green, by the Citizen Council for the Arts, more info at www.artonthegreencda.com

AUGUST

- 1-2
- "Mean Girls" performed at the Lake City Playhouse, more info at www.lakecityplayhouse.org
- 7
- Mutant Toy Take Apart, Art on the Green, by Gizmo CDA, more info at www.gizmo-cda.org
- 7
- "Titanic the Musical" performed by the CDA Summer Theatre, more info at www.cstidaho.com
- 14
- 2nd Friday Art Walk by the Arts and Culture Alliance, more info at www.artsandculturecda.org
- 15
- Saturday with the Symphony concert, more info at www.cdasympphony.org
- 20
- CDA Art Association Monthly Meetup more info at www.coeurdaleneartassoc.org

SEPTEMBER

- 7
- 7-Symphony at the Park concert, more info at www.cdasympphony.org
- 11
- 2nd Friday Art Walk by the Arts and Culture Alliance, more info at www.artsandculturecda.org
- 11
- "Die Fledermaus Coriolanus" Table Reading at the Inland NW Opera by Shakespeare CDA, more info at www.inlandopera.com or www.shakespearecda.org
- 13
- "Die Fledermaus Coriolanus" Table Reading at the Inland NW Opera by Shakespeare CDA, more info at www.inlandopera.com or www.shakespearecda.org
- 14-30
- NICFacultyArtExhibitionatNorthIdahoCollege, more info at www.nic.edu/cornergallery
- 21
- "Die Fledermaus Coriolanus" Table Reading at the Inland NW Opera by Shakespeare CDA, more info at www.inlandopera.com or www.shakespearecda.org
- 26
- Autumn Classical Series at the Jacklin Arts Center, more info at www.thejacklincenter.com

OCTOBER

- 16-18
- "Taming of the Shrew" performance by Coeur d'Alene Shakespeare at the Kroc Center, more info at www.shakespearecda.org
- 23-25
- "Taming of the Shrew" performance by Coeur d'Alene Shakespeare at the Kroc Center, more info at www.shakespearecda.org

SANDPOINT AND BONNERS FERRY EVENTS
BONNERS FERRY ONGOING EVENTS

Third Thursday Book Club 6pm 7160 Ash St
Last Thursdays Performers Circle 7pm 7160 Ash St
First Friday Karaoke 7pm 7160 Ash St
Saturday Drum Circle 10am 7160 Ash St

SANDPOINT ONGOING EVENTS

Mondays: Blues Jam, Eichardt's Pub 212 Cedar 7-10pm 208-263-4005
Tuesdays: Karaoke at Roxy's 215 Pine St.
Wednesdays: Live Piano Music at Pend d'Oreille Winery 3pm 265-8545
Thursdays: Open Jam at Connies 5:30pm, 323 Cedar St.
Thursdays: Line Dancing at the Hive 6pm, 207 N 1st Ave
Fridays: Live Music at Pend d'Oreille Winery. 301 Cedar St. 5:00-8:00, 265-8545

Fridays and Saturdays: MickDuff's Beer Hall: Live Music 208-255-4351, 208-209-6700
Saturdays: Live Music at Pend d'Oreille Winery. 301 Cedar St. 5:00-8:00, 265-8545

APRIL

- 3-12
- "A Midsummer Nights Dream" Lake Pend Oreille Repertory Theater at the Panida Theater, more info at www.panida.org
- 8
- Macrame Plant Hanger Making class POAC more info www.artinsandpoint.org
- 10
- Snacks at Midnight live at The Hive more info at www.livefromthehive.com
- 10
- Kimekomi a Japanese Art Class POAC more info www.artinsandpoint.org
- 11/12
- Boundary County Spring Craft Faire at the Boundary County Fairgrounds
- 11/18/25
- Beginning Acrylic Portrait Painting Class POAC more info www.artinsandpoint.org
- 15/22
- Create a Woven Loom Gourd Class POAC more info www.artinsandpoint.org
- 16
- "Carla the Rescuer" Holocaust Documentary at the Panida Theater info at www.panida.org/events
- 17
- Devon Wade and Line Dancing at The Hive more info at www.livefromthehive.com
- 17
- The Zaniac - Alex Zerbe live at the Panida Theater info at www.panida.org/events
- 20
- Sandpoint Highschool Choir Jazz Concert, Sandpoint High School Auditorium
- 22
- Kitchen Dwellers live at The Hive more info at www.livefromthehive.com

MAY

- 8
- No Mans Land Film Festival at The Panida Theater, more info at www.panida.org
- 9
- Crossing Paths Songs of Billy Joel live at The Hive more info at www.livefromthehive.com
- 9
- Long Bridge Half Marathon City Beach, Sandpoint, ID more info www.priestlakerace.com
- 9
- Mosaic Art Class POAC more info www.artinsandpoint.org
- 13
- California Honey Drops at the Panida Theater, more info at www.panida.org
- 14-16
- Lost in the 50's Car Show Sandpoint more info www.lostinthe50s.com
- 16
- Gigawatt Lost in the 80's Dance Party live at The Hive more info at www.livefromthehive.com
- 29
- POACs Annual Art Party, 10881 N Boyer Road, more info at artinsandpoint.org
- 30
- Melodies in May Chambers Music Concert

JUNE

- 5
- Sideboob Live at the 90's Prom live at The Hive more info at www.livefromthehive.com
- 6
- Pipers Rush (Rush Tribute Band) live at The Hive more info at www.livefromthehive.com
- 12
- POAC Art Walk downtown Sandpoint, more info www.artinsandpoint.org
- 13
- Mosaic Art Class POAC more info www.artinsandpoint.org
- 13-14
- Sandpoint Renaissance Faire more info sandpointrenfaire.com
- 20-21
- Race the Wolf Marathon and Half Marathon, Schweitzer Mountain Resort, more info www.priestlakerace.com
- 25
- Summer Restaurant Sampler at Farmin Park more info www.sandpointchamber.org

28 Dirty Cello live at the Pearl Theater, Bonners Ferry, more info at www.thehistoricpearltheater.org

JULY

3 Courthouse 100th Anniversary
4 4th of July Fireworks at City Beach in Sandpoint
4 4th of July Fireworks Bonners Ferry at the Fairgrounds
18-19 Northwest Wine Festival, more info at www.schweitzer.com
30 Andy Grammer with Walk Off the Earth live at Memorial Field for the Festival at Sandpoint more info at www.festivalatsandpoint.com
30 Festival at Sandpoint Opening Night more info at www.festivalatsandpoint.com

AUGUST

1-9 Festival at Sandpoint more info at www.festivalatsandpoint.com
6 Midland live at Memorial Field for the Festival at Sandpoint more info at www.festivalatsandpoint.com
8-9 POAC Annual Arts and Crafts Fair downtown Sandpoint, more info www.artinsandpoint.org
9 How to Train Your Dragon 2 Children’s Concert live at Memorial Field for the Festival at Sandpoint more info at www.festivalatsandpoint.com

SEPTEMBER

4-6 Artist Studio Tour more info at www.artinsandpoint.org

NEWPORT AND PRIEST RIVER ONGOING EVENTS
NEWPORT ONGOING EVENTS

Saturdays: Farmers Market Next to Town Hall, at the corner of Union Road and Main Street.
Thursdays: The Pend Oreille Players Theater will be offering improv every Thursday more info pendoreilleplayers.com
Create Place in Newport hosts a variety of ongoing events, classes, belly dancing, basket making and Artist in the Garden get togethers more info call 509-447-9277 or www.createarts.org

APRIL

16 Bloomin Pot Paint and Party Event 6pm 208 S Washington Ave, Newport, WA more info www.clareclarkstudio.com

MAY

8-17 Performance of Tuck Everlasting 236 S Union; Newport, WA more info pendoreilleplayers.com
9 5th Annual Newport Renaissance Fair more info at www.newportcreativedistrict.com
9 Long Bridge Half Marathon www.priestlakerace.com
12 Non Profit Meeting 9am 5770 US-2, Priest River, ID www.visitpriestriver.com

JUNE

5-14 Selkirk Mountain Vision Quest Medicine Circle Eco-Retreat, Priest River for more info www.purposemountain.com
9 Non Profit Meeting 9am 5770 US-2, Priest River, ID www.visitpriestriver.com
19-21 Summer Solstice Family Gathering 1178 Beaver Valley Road, Newport, WA call 509-589-0744 or www.destinyoflovehealing.com

JULY

4 4th of July Fireworks: Viewing in Newport Harbor and Downtown Newport. Fireworks start at 9:15pm. Call 401-845-5300 with questions.

4 4th of July Fireworks Over Priest Lake at Elkins Resort on Priest Lake. The show begins at dusk.

AUGUST

1 Newport Roughstock Rodeo at the Newport Rodeo Fairgrounds, more info at www.newportrodeo.com

OCTOBER

3 Priest River Octoberfest in downtown Priest River, Idaho more info at www.visitpriestriver.com

CANADA ONGOING EVENTS

Sundays: The Crawford Bay Sunday Market runs Sundays from May 3 through October 25 in Crawford Bay, Creston Valley BC, more info at www.cbsundays.ca

Saturdays: Saturday Markets at Cottonwood Falls Park, Nelson BC more info at www.nelson.ca

Fridays: Music on Main and Market on Main at Radium Hot Springs BC more info at www.radiumhotsprings.com

APRIL

12 Creston Concert Society presents Harry Manx at the Kootenay River Theatre in Creston BC, more info at www.explorecrestonvalley.com
12 Symphony of the Kootenays Nelson Overture Concerts Society at the Capital Theatre in Nelson BC, more info at www.capitoltheatre.ca

MAY

1 Nelson Overture Concerts Society: The Butter Quartet at the The Capitol Theatre in Nelson BC more info at www.capitoltheatre.ca
1-3 Bleeding Tree International Film Festival at the Tivoli Theatre in Creston BC, more info at www.explorecrestonvalley.com
15-18 Creston Valley Blossom Festival in Creston Valley BC, more info at www.explorecrestonvalley.com
16 Nelson’s 4th annual Haute Trash! Trash Fashion Show Competition and Art Exhibition at the Capital Theatre in Nelson BC more info at www.capitoltheatre.ca
28-31 Mean Girls: The Musical at the Capital Theatre in Nelson BC more info at www.capitoltheatre.ca

JUNE

20 Lip Sync Battle All Stars at the Capital Theatre in Nelson BC more info at www.capitoltheatre.ca
26-27 7th Annual Kootenay Burlesque Festival at the Capital Theatre in Nelson BC, more info at www.capitoltheatre.ca

JULY

31 33rd Annual Kaslo Jazz Etc Festival in Kaslo BC Canada more info at www.kaslojazzfest.com

AUGUST

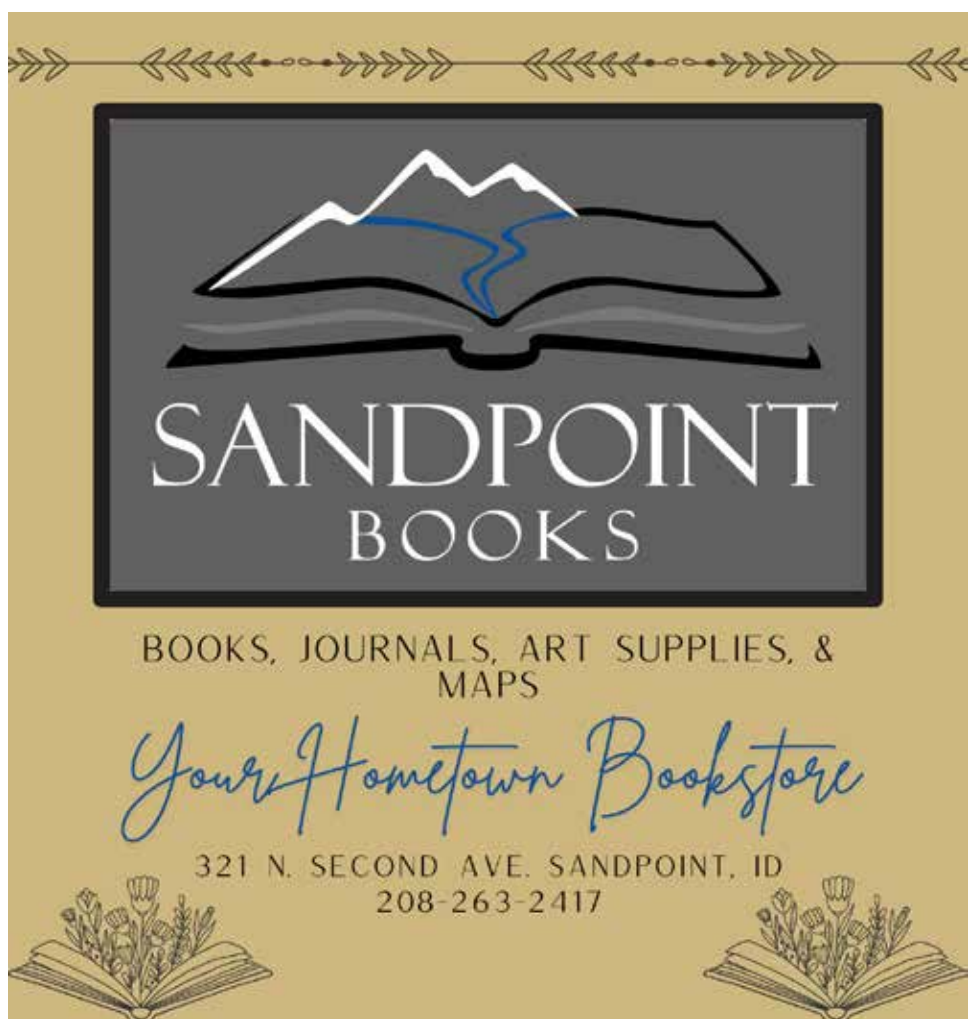
1 33rd Annual Kaslo Jazz Etc Festival in Kaslo BC Canada more info at www.kaslojazzfest.com
2 33rd Annual Kaslo Jazz Etc Festival in Kaslo BC Canada more info at www.kaslojazzfest.com

SEPTEMBER

11-12 Creston Valley Fall Festival 2026 at Creston Flats Stables in Creston BC, more info at www.crestonvalleyfallfair.ca

OCTOBER

21 Red Dirt Skinners live at the Kootenay River Theatre in Creston, BC more info at www.allevents.in/creston



Continued from Page 28
Written by Susan Botich

Learning to Float with the Current

Standing in the entry area of Walmart,
 these shoppers flow like tributaries
 converging into the turbid river,
 the rapid pace of this supermarket.

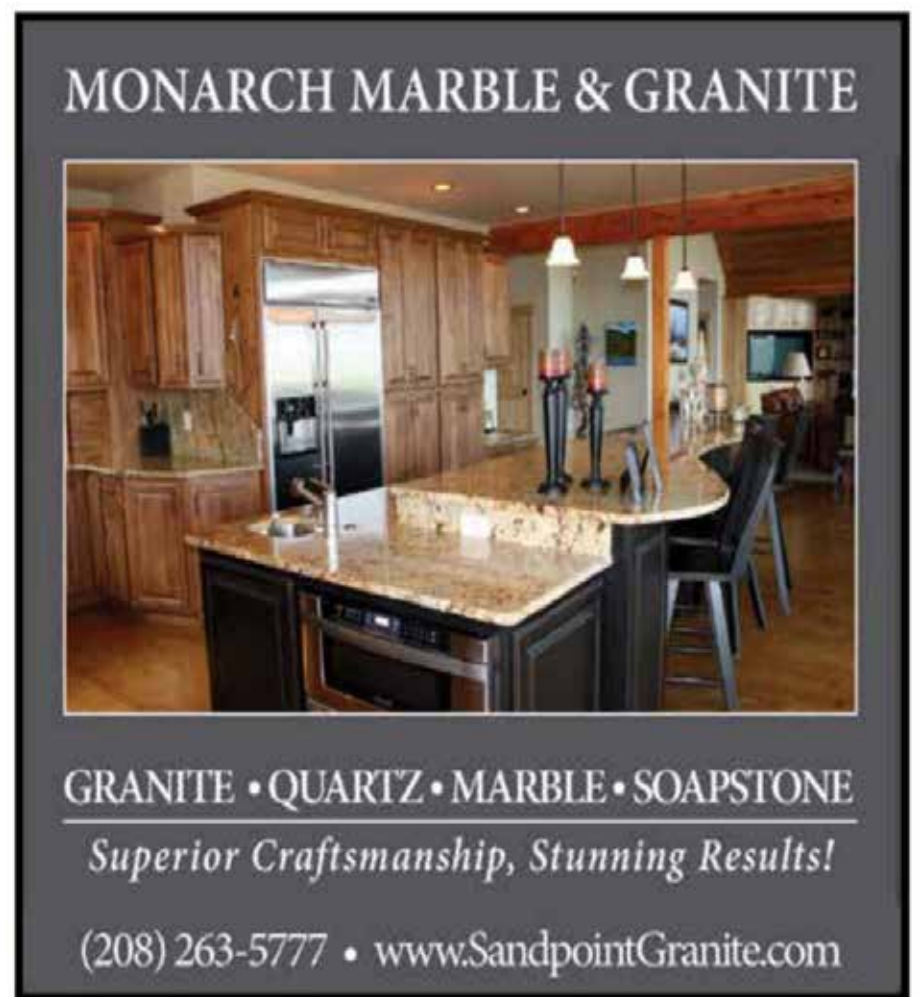
I quickly scan without allowing
 any real eye contact. I stand as a rock
 in the middle of this raging course
 of confluences of bodies.

A woman pulls a cart from the scatter
 of clumps in front of us. I toss a brief smile,
 then shift my focus to the safety
 of my own cart procuring.

She moves on, when I'm struck with it –
 what my shyness truly is: a kind of violence
 turned against the deep waters of self
 living quietly within each of us.

So, now in the produce isle, I gather up
 my courage, look directly at who is here
 in front of me, and face down the monstrous
 undertow of my choice to withhold trust.

A lock releases, hinges swing, and a gate opens
 a flood of warmth. We smile with one another,
 share a joke about the kale, and laugh
 with lightness together, as if old friends.



Wonder

I wash the waiting dishes.
 The water, splashing into the cup, filling up
 and spilling over onto my hands, astonishes me –
 that movement of softness and hardness at once.
 So much power – to cleanse, simply by following its path
 of least resistance.

Out the window, how the sun slants into the porch
 its loosened yellow skeins!
 Emptying now some remains from the pan
 into the kitchen trash, I notice it needs taking out.
 The bending while gathering up the ties,
 a brief bow.

Stepping outside, the warmth of late day,
 the soft fingers of afternoon on my shoulders.
 Another bow to drop my burden into its rightful place.
 Just a pace away, wildflower fragrances
 swirl through my yard. I listen: Ah, the bees –
 their humming enjoyment!

Turning, turning in the late light,
 my sight is drawn to the thin willow branches
 torn down by last night's wind.
 Bending, bending, bough after bough,
 I gather them up, build a pile
 for a later tending.

Bowing, bowing, I pull the dandelions
 loitering in front of the porch steps,
 sure to leave the rest for the bees
 who share so freely the gold of their treasury.
 And I wonder...if I only knew more...
 if I only were more...

would I still feel this simple
 gratitude to live
 alongside all this light,
 its wild beauty and intelligence,
 breathing all around me,
 the endless sky.



MUSIC CONSERVATORY
OF COEUR D'ALENE



Let's Make Beautiful Music Together!

Private Lessons - Group Classes - Youth Choir - Concerts



We are a nonprofit 501c3. Our mission is nurturing music excellence through accessible instruction, collaborative partnerships and performances.

cdaconservatory.org

627 N. Government Way, CdA 83814 | 208-551-3933



ART & MUSIC LESSONS IN COEUR D'ALENE

- Private or Group Instruction
- 15 Years in Operation
- All Ages/Ability Levels
- Song Writing & Composition
- Piano, Guitar, Strings, Drums, Voice & More
- Drawing, Painting, Fundamentals, Art History, etc.





SAMSON MUSIC & ART STUDIO

Call or Text: **208.819.6484**

213 West Appleway Ave Ste #10, CDA

www.samsonmusicandartstudio.com

JUNGLE RELICS

Botanical Boutique



Plants + Art

RELIC

Speakeasy & Cafe



Coffee + Drinks & Small Plates

From Sunlight to Candlelight

314 N. 3rd St. Coeur D'Alene. ID

www.junglerelics.com

Cheryl Metcalf

ALL ABOUT SCULPTURE



Cheryl Metcalf is an award-winning sculptor whose bronze works capture emotion and movement. Known for her technical mastery and storytelling spirit, she brings over 20 years of experience to her work. She is represented by Blackwell Gallery in Coeur d'Alene.

CHERYL-METCALF.COM

(208) 641-8380

CALL FOR APPOINTMENT

 [cheryl.metcalf](https://www.facebook.com/cheryl.metcalf)

 [metcalf.cheryl](https://www.instagram.com/metcalf.cheryl)

 allaboutsculpture@gmail.com







Coeur d' Alene Pipe & Cigar

416 1/2 E Sherman Avenue
Coeur d' Alene, Idaho 83814
(208) 664-0786







Charles Ayars

Charles Ayars PhotoART
Charles Ayars started creating abstract art from his photographs eight years ago. He uses color and movement to create art that inspires and invites reflection.

Website:
charlesayarsphoto.com

Instagram:
[charles_ayars_photoart](https://www.instagram.com/charles_ayars_photoart)

720-557-6133

INTERNATIONALLY ACCLAIMED FILM COMPOSER: RICHARD ALTENBACH

Richard Altenbach composes for film, video games and the concert stage. Some of Richard's live concert premiers include "Poetic Reflections" (violin, cello & piano), "Winter for Ivan" (cello, piano & orchestra), "Scarecrow" (violin & piano), "Bidwell's Path" (orchestra), "The One Armed Man" (harpsichord), "Phantasy on 3 Ancient Christmas Carols" (violin alone), "Out of the Carpathian Mists" 7 - Romanian Folk Tunes (violin, viola & cello), arrangements of several Bach works (string duos and quartets), and "If" - on the poem by Kipling (piano, oboe /English horn, French horn, violin, cello & narrator). "The Jester's Waltz" for solo piano won a prize in the international Opus Dissonus Composition Competition, and has also recently won 2nd Prize in the XVII International Golden Key Piano Composition Competition; Richard traveled to Vienna in July, 2024 to receive his Diploma and Winner's Medal and hear his piece performed by concert pianist Anna Leyerer at the "World Composers' Recital". Over the last decade, he has received 6 semi-finalist award certificates for instrumental music in the UK Songwriting Contest, including 2024 for "Stefan's Song" (cello & orchestra) and also placed as finalist for



"Bidwell's Path" and "Warrior's Hymn" (orchestral). Recent international awards for his Piano Trio, "Poetic Reflections", include Grand Prize from the WCMA 2025 Composition Competition, Absolute 1st Prize 2025 Golden Prestige Int'l Competition, Gold Award 2025 Mozart Int'l Competition, and Diamond Prize World Grand Prix Competition. His commercial music credits include "the Dark" (horror feature film), "Stealing Time" (South African dramatic feature film), several documentaries, webseries, short films and video games. Richard was also chosen among 12 composers worldwide to participate in the prestigious ASCAP Film Composers Workshop, composing, arranging, conducting and recording with the Hollywood Studio Orchestra at 20th C. Fox. His film music has been featured at SUNDANCE



("Biting Personalities"- award-winning short), and he has composed string arrangements for pop star Natasha Bedingfield. Regarding musical education and training, Richard has a Bachelor of Music Degree from Whittier College (CA, USA); there he studied theory, composition, counterpoint and form analysis under musicologist/composer/organist Dr. Orpha Ochse. He continued his musical studies at the University of Illinois Urbana/Champaign, receiving his Master of Music Degree under the tutelage of renowned violinist, master violin pedagogue and Bach expert, Sergiu Luca. He received his Certificate in the UCLA Extension Film Scoring Program He is now Senior Instructor of Violin at the Music Conservatory of Coeur d'Alene, ID and in 2026 has been appointed Adjunct Professor of Violin and Viola at North Idaho College. As an A-list Hollywood recording musician, Richard has been involved in over 1000 film scores (including the Jurassic Park/World series) working with John Williams, Hans Zimmer, and Danny Elfman (Principal 2nd), and has participated in hundreds of albums for artists such as Barbra Streisand, Frank Sinatra, Yo-Yo Ma, Aerosmith, Mannheim Steamroller and Childish Gambino. Formerly Concertmaster of the Auburn Symphony (CA) and InConcert Sierra, Richard is also an active chamber musician. Other symphonic experience includes serving as 1st Violinist with Houston Symphony, LA Chamber Orchestra, Joffrey Ballet, LA Opera and Hollywood Bowl Orchestras, and now often plays as 1st Violin for the Spokane Symphony.

**IDAHO IS TOO
GREAT TO LITTER
SO DON'T!**



FREDRICKSON'S B.F. GARBAGE, L.L.C.
P.O. BOX 1913 BONNERS FERRY, ID 83805
PHONE & FAX: (208) 267-3303
SERVING ALL OF BOUNDARY COUNTY

TRANSFORMATIVE POWER OF “AWE”

By Harvey Eckhart



Awe is a mysterious complex of emotional experience. A self transcendent shift away from our personal self ego where we feel there are somethings greater than ourselves. Awe can be a result of a positive experience of wonder or perceived vastness like observing the Grand Canyon or Mt Rushmore, the Taj Mahal. Awe elicitors could be hiking among the giant redwoods or witnessing a musical virtuosic performance of Beethoven's 9th symphony. Sitting on a bench at the beach watching ocean waves crashing or witnessing a rainbow or sensational sunset. Awe is an altered state of consciousness that encourages us to take new information and adjust our mental structures around this info and navigate our world and understand it better. Awe can be both scary or delightful sometimes. For example ;threatening experiences such as being in the middle of an earthquake or participating in a protest march that turns violent can cause fearful negative emotions. Awe has the ability to change your life through an epiphany or spiritual transformation. Feelings can cause heart rate changes, goose bumps, sensation of chills and decrease markers of inflammation. When a stimulus exceeds our expectations of normal understanding of the world a need for cognitive realignment is an essential part of an awe experience. Wonder is in the family of awe but a reflective experience response to something that is incomprehensible at first. Watching a child being born is a feeling that washes over us being awe struck. When we hear a beautiful song, or watch a flock of geese fly south in formation or in close proximity to a majestic waterfall we resonate with a mental sense of well being.

Awe matters, prompting behaviors in people to work cooperatively, share resources and sacrifice for the common good. Professor and researcher author Dacher Keltner has studied and documented modern day science understanding of Awe. In his 2023 landmark research of 26 cultures he learned ways people encountered awe . He noted that collective gatherings, festivals, religious ceremonies, dancing performances, musical engagement whether performing or listening all contributed to a positive physical and mental sense of well being. They reported an elevation experience as uplifting, inspiring and admiration . The participants felt an interconnectedness and social cohesion. Vocal bursts like Wow or Whoa with the mouth open and jaw slightly dropped occur during an awe experience. Facial muscle movements like raised inner eyebrows ,widened eyes accompany awe experiences like watching a magnificent fireworks display at night. Awe walks like forest bathing Shirin Yo Ku in Japan purposefully turning your attention outward listening and looking for things acts as a protective barrier against the stresses and challenges of everyday positively influencing mental health. Adolescents and combat veterans reported after outdoor experiences of awe like rapid river rafting having greater satisfaction in life and decreased PTSD symptoms. Time in nature helps us zoom out and get rid of mental chattering in our head . It's one of the best tools for emotional regulation. Look up in the sky and imagine cloud formations, listen to the wind blowing the leaves and birds singing By deliberately looking and listening for beauty It distresses us and offers a flood of positive emotions. This then leads to lowering blood pressure and Cortisol, a stress hormone causing inflammation in our bodies .

Continued on Page 39



PHYSICAL • OCCUPATIONAL • MASSAGE THERAPY

EVERY BODY'S JOURNEY DESERVES GOOD GUIDANCE.

“My doctor was very pleased with the results. Thank you for everything your therapists did for me.” - Dan C.

SELF-PAY OPTIONS AVAILABLE.
NO REFERRAL REQUIRED.
MEDICAL INSURANCE ACCEPTED.

(208) 205-9559
www.kit-therapy.com
30544 Hwy 200, Ste 326, Ponderay, ID





answer was eye-opening. She would not be able to juggle therapy and filmmaking, so she made the difficult decision to gradually close her private therapy practice. By the time she graduated her final client, she was ready to charge full steam ahead into her new role. "I spent 30 years as a mental health therapist helping others heal from adversities and find goodness in themselves. I know firsthand that one cannot change one's past, but one can rise above and come out shining. Sometimes, you need someone else to show you the way. Movies can't replace relationships, but they can serve as a powerful tool to create awareness and inspire change. When I had the opportunity to produce a movie that embodied themes of resilience, I knew I had to say yes."

–Jackie Butera, Producer

Caden and Rylan had created a futuristic dystopia on paper, but, how do you bring that to life in North Idaho? While the Pacific Northwest has no shortage of striking locations, they knew this would be a challenge. Rather than chase the perfect location, they decided to build it. Enter close family friend Kathy Swanson. A former art director for a dark-ride production company, Swanson brought exceptional production and costume design expertise. Working closely with Caden, she shaped the film's visual language, crafting sets that, in many ways, became characters themselves.

One of the production's most ambitious builds was "Teddy's Lair," a gritty bunker constructed from an empty boat garage at Mystery Ridge Movie Ranch in Coeur d'Alene. The ranch allows set-builds from the ground up, making that an easy choice. Swanson led the transformation, with Construction Lead Jeremy Springer helping translate the dystopian vision into immersive, fully realized spaces. These sets had to do more than look authentic: they needed to function under the demands of production, supporting lighting rigs, camera movement and practical

effects. Certain doors were engineered to blow apart on cue, explosive gags meticulously designed and executed by the late, great Stunt Coordinator Jerry Buxbaum.

Once the environments were complete, Caden collaborated closely with local Director of Photography Max Jordan to design lighting and blocking that would elevate what the production design team had so carefully built. The interplay of light and shadow reinforced the film's darker themes of loss and memory. Every creative choice, from framing to movement, was carefully

calibrated to serve the story and deepen its dystopian tone.

With sets complete and months of pre-production finally converging, there was only one thing left to say. From his director's chair, Caden called it out with conviction: Action. With that single word, the fully assembled team dove in, united by a shared sense of purpose.

Independent film sets often foster a level of connection that larger productions can't always match. Inside jokes, playful teasing and steady encouragement carry the cast and crew through long days, creating a family-like atmosphere where morale stays intact, gratitude is shared and conflicts are resolved before they take root. Cast and crew often say they get paid to play for a living. Where else can you flip cars, stage explosions, throw punches and light real fire all in a day's work? Even with strict safety rules, the set feels like a playground and camaraderie soars. Actors Falk Hentschel and Kimberly Leemans, a real-life husband and wife, captured that spirit perfectly, "beating each other up" on set then calling each other "honey" and sneaking kisses between takes.

Fun and games aside, filmmaking is demanding. With grit and determination, *Recollection* completed 27 days of principal photography, navigating such challenges as blown circuits, overflowing toilets and discovering only four of 24 background actors had arrived for a scene scheduled to shoot in 45 minutes. A full day was spent blowing up a major set piece only to cut it in the edit. Filmmaking is a constant exercise in sacrifice, resilience, creative problem-solving and, above all, connection. The energy, laughter and excitement keep everyone going and make the chaos worthwhile.

Writer-director Caden Butera reflects, "The talent and generosity of everyone who touched our film is the heart of this production, and I couldn't be prouder of what we accomplished together."

Almost three years later, Caden and Rylan completed the edit and the score respectively, and the rest is history. *Recollection* had an award-winning film festival run, successful limited theatrical release and, thanks to their distributor, a recent launch on streaming platforms. Their family's story is a reminder to follow your dreams, lead with your heart and never give up, because the worlds you imagine are worth bringing to life.

You can currently rent or buy *Recollection* on iTunes, Amazon and Fandango. Stay tuned for new releases on more platforms over the next several months. For more information or to stay up to date, follow *Recollection* on Facebook *Recollection - Film* and Instagram *recollection_movie* or visit their website and sign up for their newsletter at recollectionmovie.com

"Growing up with a mental health therapist mother, I've always gravitated towards psychology and stories of personal resilience. Since the sci-fi genre allows for small, personal ideas to be explored in a spectacle-induced, larger-than-life way, making a mental health-driven sci-fi seemed like the obvious choice."

–Caden Butera, Writer-Director



Falk Hentschel (TEDDY) and Rosslyn Luke (KATE) in a scene from "Recollection"



COEUR D'ALENE
ARTS & CULTURE ALLIANCE

Connecting communities
through the arts



Join as a Member to support
info@artsandculturecda.org



2nd Friday ArtWalk
Riverstone Summer Concerts
Arts Buzz
Art Connect / Music for the Wise
Living Lake Project



artsandculturecda.org

Loi Eberle Continued from Page 23

family and church over many years. I began to realize it was all part of a cultural, philosophical attempt carried on across the world, over the eons to dramatize the power of the story to teach, inspire and demonstrate that although the physical being eventually passes, its ideas and lessons remain with us over the multitudes of generations. Over the years the story inspires action as it is told, then expressed in many ways.

"To Althea, from Prison"
by 17th-century English poet Richard Lovelace.

Stone walls do not a prison make,
Nor iron bars a cage.
Minds innocent and quiet
take that for a hermitage.

WINTER RIDGE NATURAL FOODS

**Your community
choice for local,
natural, and delicious.
Since 1997.**



703 Lake Street
Sandpoint, ID, 83864
208-265-8135



SCAN ME!

To feel awe in observing a butterfly and smell the aroma of a giant cedar or redwood tree we connect our senses of sight,hearing,touch,smell. We come to notice the small wonders and the value of taking a second look. Nature is a cognitive tool and restores our attention.Even looking at pictures of nature scenes we feel refreshed for thinking carefully about the problems we're grappling with.

Today kids spend more time indoors than they ever did.

However elementary schools in Massachusetts showed a relationship between the greenness of a school environment and academic performance. Weekly field trips had a positive behavioral affect in the classroom leading to more cooperation and learning. In her book Raising Awe Seekers mother and teacher Deborah Farmer Kris inspires us and creates a road map into bringing more awe into our children's lives. She states "Awe is one of the most overlooked and undervalued emotions" The more we become awe seekers our kids take cues from us and are more willing to explore and appreciate feelings of wonder and curiosity. The best part of awe is how accessible it is. Awe is an everyday emotion something we can feel during the early morning walk at sunrise to watching the moonlight and the stars. You can intentionally invite awe into your life through nature walks sailing on calm waters , music, visual art and observing sacred geometries as patterns observed in nature such as snowflakes,soft hairs on pussy willows, During these experiences a release of dopamine,oxytocin and endorphins from the brain boosts our mood and overall happiness and satisfaction. Awe seeking encourages mindfulness and presence in the moment . We switch our nervous system out of threat mode sympathetic and activate the parasympathetic system of rest and repair state. Awe stimulates the vagus nerve and calms

excessive immune reactions. Higher vagal tone greater immune regulation.

In summary the transformative power of awe affects our psychological and emotional wellbeing lowering stress ,anxiety ,and depression. It Improves our social integration and relationshipsas shown inthe culture study.

Awe seekers tend to be more extroverts and critical thinkers. They appreciate nature ,beauty, creativity and gratitude, all positive characteristics. Awe seekers have greater willingness to volunteer,make time to help charity, and are more generous and altruistic.

Experiencing awe can be a gift adding to longevity,giving a sense of meaning of serving a larger purpose.

THE

OPEN 7 DAYS

STORE

• Printing

• Packing

• Shipping

• Mailboxes

• And more



THE UPS STORE

be unstoppable

217 Cedar St. • Sandpoint, ID

208-236-0261 • store1829@theupsstore.com

NORTHERN JOURNEYS

A Magazine for the Arts, Humanities and Sciences

We are issuing a call to all authors of prose, poetry and visual artists to send their writing and/or art any time of the year for consideration.

Northern Journeys celebrates 30 years of providing beginning, maturing and established writers and artists a venue to share their work with the region's readers. The magazine is made available primarily to communities throughout Northern Idaho, into Western Montana and Southern British Columbia. However, when the editor or publisher is traveling, the magazine makes appearances in Washington, California and Nevada.

Prose, poetry and art may be submitted to: norjour_tan@yahoo.com as an attachment. Art should be sent in jpeg format with a minimum of 300 dpi. Please contact Jason Thomas, at 208-597-3963 with questions.

Those interested in advertising may contact Jason Thomas, Publisher, at 208-597-3963. We hope to hear from you!

NORTHERN JOURNEYS

A Magazine for the Arts, Humanities and Sciences

NORTHERN JOURNEYS

P.O. Box 1789

Bonnors Ferry, ID 83805

208-597-3963

For advertising: Please call 208-597-3963

To submit prose, poetry or art, please send digitally to: norjour_tan@yahoo.com

Publisher

Jason Thomas

Layout Design

Joy Batchelor

Editor

Lara Convery

Office Manager

Lara Convery

Sales

Jason Thomas

Chelsea Cordova

The observations and opinions expressed in signed columns and articles in Northern Journeys magazine are those of the respective authors and should not be interpreted as representing the official views of Northern Journeys or its staff.

ADVERTISING STANDARDS

Merchandise or services advertised in Northern Journys are expected to be accurately described and readily available at the advertised prices and times. The staff and publisher of Northern Journeys never knowingly accept misleading or deceptive advertising.

Northern Journeys is published 2 times a year

Copyright Thomas & Associates

Spring/Summer 2026 Northern Journeys | Page 39

